



Occidental Institute Research Foundation

THE BRIDGE

Linking Practitioners of German Biological Medicine

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Dear Colleagues, Friends and Supporters of OIRF,

👉 Welcome to Volume 10, Issue #10 of "The Bridge" newsletter for 2014!

This Issue brings us into the busy and active fall season where we observe the completion of all the planning and preparation that has been ongoing during the spring and summer months.

This October, Issue #10 of "The Bridge" features some relevant and important "encore" article presentations. As we see more and more of our preferred and recommended remedies being discontinued or "forbidden" (like the closure of Heel in Canada), it becomes ever more important to turn to natural biological instrumental methods that we can rely on and utilize for years (in some cases for decades).

Here then are two articles outlining a true biological approach to the care and treatment of our patients. First is a translation of an article by **Eckart Herrmann, MD** outlining the concepts and practice of MORA BioResonance Therapy. Then second, an article outlining a specialized Biological Medicine Practice.

Current models of all devices discussed are available offering us modern electronic approaches that will function in your practice well into the future alleviating the threat of discontinuation and lack of availability. These highly effective diagnostic and therapeutic instrumental methods in conjunction with actual or electronic remedies give the practitioner a broad range of natural therapeutic possibilities for fast effective care of your patients.

The November, Issue #11 of "the Bridge" is due for publication in mid-November (shortly after I return from the Germany Tour). We are looking forward to an article from OIRF Advisor **Dr. Tony Scott-Morley**. Dr. Scott-Morley always challenges us, always informs us and always presents a clear explanation of his work and ongoing research.

➡ Final preparations for the Biological Medicine Group Tour #41 to Germany are underway and there will be a group of twelve attending. Carolyn will be joined by three OIRF Directors/Advisors and all indications are for an exceptionally cohesive and supportive group.

All the lectures, visits and demos have been confirmed and some of us “girls” are already getting packed and organized for the travel. If you are not already registered for this event, then we will miss you! With the advance preparation completed there is every indication this will be the smoothly running, busy, educational and fun experience for which OIRF is famous. Watch for our report (and pictures) on the events and activities of this **forty-first** Biological Medicine Group Tour to Germany.

➡ If you have just returned from extended vacation(?) and didn't know about our summer “Garage Sale” event, I wanted to let you know that there are still a few items left. Contact the OIRF office at 1-800-663-8342 to find out what items are still available and prices. [The Oximed is still here!?? – this is an awesome device offering basic BEV analysis.] Just make us an offer on any of these items. I am anxious to place them into new homes and they are definitely priced to sell!

➡ Please note that a few amounts from the **Special Grant Program** that was established in the name of **Marietta Service** are still available. You are invited to apply for grant assistance for students or new practitioners to assist them in learning about biological and alternative medical methods.

Over the past few years we have noticed a strong trend among the newer practitioners and students to rely on “prolotherapy” and “prescribing”. This rote response to almost all patients by the newer ND's and acupuncturists appears to be leading us further and further away from the true naturopathic and biological medicine approaches that have been so successful for most of our more experienced practitioners. In the very apt words of one of our long term members, “we have turned into green allopaths”. Take this opportunity to recommend a colleague or promising student for some financial assistance to get them started and to give them some exposure to these highly effective methods. Contact the OIRF offices for details and applications.

➡ All 2014 issues of “The Bridge” newsletter will be sent to you by email and then published on our website. **Access is open to all**. Follow this link to get your PDF print copy of “The Bridge” Volume 10, Issue #10.

➡ So, following are your newsletter items for this Issue #10 . . .

*An exclusive **article for OIRF Supporters**, re-published October 2014
by Occidental Institute Research Foundation . . .*

MORA BioResonance and Allergy

Concept and Practice

By Eckart Herrmann, MD

From an article in Natruheilpraxis, 10/2009

Machine Translation by SYSTRAN, Lernout & Hauspie, LogoMedia & Prompt

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I. Introductory Remarks

For 150 years we have lived with a world view which is shaped in a significant manner by the knowledge of mechanics and chemistry, the scientific bases that quite substantially determine modern civilization.

In spite of the enormous advances in knowledge in the area of electronics, this usual world view is hardly shaken up. Especially in medicine there are many innovations in diagnostics that show the influence of modern physics. However the new findings from biology about the physical-energetic processes of living systems have hardly found an input into the therapy of diseases.

Whereas classical medicine still limits itself principally to the biochemical basic model of living systems (with some additional knowledge from electro-physiology) that's why disease treatment is essentially achieved only from pharmaco-therapy, or rather with reference to the mechanical perception of surgical therapy strategies. It appears that obvious therapy forms in the area of Regulation Therapies like homeopathy, acupuncture, electro-acupuncture, and finally BioResonance Therapy can also influence the body very effectively toward health and often with much fewer side effects.

MORA BioResonance Therapy represents a modern advancement in the area of acupuncture, electro-acupuncture and homeopathy.

Continued over . . .

II. The MORA BioResonance Concept

Scientific Bases

In order to correctly understand and assess the MORA BioResonance Method, which represents a completely new therapy beginning within the framework of biophysical therapies, it is necessary to understand the following basic conditions from modern biophysics:

- All biochemical processes in living systems are a result of the electromagnetic interaction of the involved reaction partners and the electromagnetic environment. All biochemical materials generate molecule specific electromagnetic oscillations, which have a feedback effect with higher coherent electromagnetic fields steering the biochemical processes.
- Bio-electromagnetic phenomena like for example biophotons which originate within the cells (cell nucleus) are verifiable in the living organism – with coherent and mono-chromatic characteristics like a laser – and are sent out in specific fluctuation sequences. Through resonance these biophotons cause the transmission of homogenous photons with correspondingly rectified influences into the adjoining cells, more specifically the biochemical processes in the environment. This statement corresponds to the research of the biophysicist *Fritz-Albert Popp*.
- All living systems are “open” systems. To maintain the energy necessitated by life functions, they need an ongoing supply of signal energy (not chaotic or heat energy), and the influence from physical energy forms, especially from electromagnetic oscillations, which play a very special role in the formation and regulation of the life processes. According to the statements of the physicist *H. Fröhlich* and physical chemist *I. Prigogine* (Nobel Prize in 1977) life is only possible through continuous signal energy supply, which increases the sensitivity of the living systems to the physical stimuli from outside and their controllability with the fixed size of the system. The biological system “person” (very high fixed size) already responds especially sensitively to small sized electromagnetic stimuli which have an effect from the outside and the inside.
- The skin with its dependent structures is a multi-layered sense organ and in this position, in the area of specific skin zones (acupuncture points, neural zones), is therefore able to take up various information, even electromagnetic information, from the outside world and to process it and pass it on inwards. These zones contain special morphological structures like nerve endings, receptors, etc. and they sensorily connect the body surface with the interior of the body.

- All biochemical materials deliver molecule specific electromagnetic oscillations (fields) that can be transferred with or without a cable by radio [*waves*], and influence the living organism according to their characteristics. This knowledge exists in the medication test according to **Dr. Reinhold Voll** and the further investigations of **Dr. Franz Morell** and **Mr. Erich Rasche**.

In this sense the measurement values of the acupuncture points can probably be assessed.

Compared with their environment they show a characteristic skin resistance which changes according to the reaction situation respective to the corresponding organ systems. And an acupuncture point value changed by a treatment corresponds to a change of the reaction situation of the organ system belonging to it.

Measurement of the acupuncture point values before and after a treatment permits a statement about the efficiency of the therapy. While Electro-Acupuncture treatment according to Dr. Voll and related methods influence these specific skin zones from the outside with supplied defined electric stimuli in attenuated or stimulated sense, MORA BioResonance Therapy utilizes the body's own [*endogenic*] electromagnetic oscillations which are in a direct connection with the innumerable ongoing biochemical processes in the body.

These oscillations are measured on the skin surface of the patient, filtered in a physical-electronic system (MORA device), modulated and then given back to the patient as changed signals, with the directed goal of gaining a therapeutic effect through these changed signals in the area of the biochemical structure. Consequently, the previously measured pathological acupuncture point values return to normal.

MORA Diagnostics

MORA Diagnostics occur according to the basic principles of **Electro-Acupuncture According to Voll** (EAV). The acupuncture points react very sensitively and reproducibly with their measuring values when the patient's body comes in contact with compatible (therefore order promoting) or incompatible (order limiting) substrates. This way allows all kinds of substances like food, medications, allergens, parasites, toxins, heavy metals, among other things to be tested and to judge their influence on the body.

MORA BioResonance Therapy

MORA-Therapy represents a therapy very individually fitted to the patient by which his entire oscillation information is taken up by the device, is processed and is returned in a suitable form as therapeutic signals.

This individual treatment quite considerably favors the efficiency of this therapy form and allows access to many clinical pictures which are not easily accessible by less individual therapy forms.

Additionally, tested oscillations of medications, colors, allergens, and nosodes among other things are included in the treatment as well.

III. MORA Allergy Diagnostics and MORA-Therapy

In an increasing trend, allergic illnesses belong to the most frequent chronic illnesses. Treatment in school [*orthodox*] medicine limits itself to the testing of suspicious substrates in the form of skin and inhalation tests with exclusively biochemical treatment forms like attenuated medications with corresponding side effects or very time consuming hypo-sensitizations (less effective and besides rich in side effects).

In school medicine the tested allergens are seen by their effect on the organism as equivalent with the result, that every allergen must be considered as individually as possible without inclusion of other allergens for the hypo-sensitizations.

In contrast to the ideas of school medicine which speak only of verifiable biochemical allergens, the idea of a cybernetically regulated organism gives a flowing transition between incompatible substances and allergens (antigens).

The incompatible substances are only physically verifiable with the typical allergic symptoms, and for unknown reasons have not led to an antibody formation with corresponding change of the immunology (RAST-Test).

On the other hand, the allergens (antigens) expel out additional biochemical changes (antibodies) by their physical verification.

Both groups can cause allergic symptoms in the same manner in the patient.

How important these exclusively physical verifiable intolerances (incompatibilities) are for later allergy treatment is shown by the fact that after a period of rest from these substances and a corresponding MORA BioResonance Therapy, bit by bit a change in the clinical picture with at first a subjective and then later an objective improvement of the allergy problems happens, without the specific antibodies in the RAST-Test changing. The treatment of the verifiable biochemical allergens alone is not sufficient in our experience.

Contrary to the evaluation of school medicine that looks at the discovered allergens as equally weighted in their effect it turns out that according to the experiences of biocybernetic medicine there is a hierarchy of allergens, therefore a different weightiness exists:

- Starting with a first allergen (causation or main allergen) bit by bit increasing sensitivities are joined with other allergens (trigger allergens) which then lead in total to a greater palette of incompatibilities/allergies, with the result that many patients finally react to practically all allergy causing substrates up to the everywhere appearing house dust, etc.
- Experience further shows that after finding the causative allergens and their careful elimination the other allergens as allergy triggers lose ever more meaning until finally the body no longer reacts incompatibly to them.

Therefore the allergy treatment decisively depends on finding and treating the specific causative allergen.

Obviously the disposition (heredity) and additionally the permanent supply of burdens – like certain basic foods, dental metals, environmental poisons, electro-smog, etc. – play a determining role in the sensitivity of the organism towards an incompatible/allergic substrate, which then more and more burden the control circulation system and lead beyond these false controls to the formation of further incompatibilities/allergies.

MORA Allergy Diagnostics

On the basis of research results with the medication test according to Dr. Voll, Dr. Franz Morell developed the allergy test within the scope of MORA BioResonance Therapy in 1985.

The procedure is based on the fact that instead of the real substance information (A-Mode = phase constant electronically amplified) the patient is supplied with the inverted information (Ai-Mode = phase constant electronically inverted) of the suspected intolerance/allergy substance. On the basis of the burden the acupuncture measurement point would react to the pathological information (in A-Mode) with a measurement value deterioration. By inverting these substance oscillations it causes a measurement value improvement on the previously pathologically measured acupuncture points on account of the unburdening effect. Moreover, with this method the patient is not burdened by every single test, but is relieved so that there cannot be side effects.

Measurements of these material specific oscillations with different amplifications can capture a very elegant statement about the hierarchy and the degree of burdening of the tested materials on the organism.

In contrast to testing with biochemical preparations (skin and inhalation test) which need pharmaceutical preparations (factory preparations), with MORA testing all conceivable substances can be tested without immediate preparation. With it the therapist is not dependent on standardized test products and can introduce individually to the patient applicable foods, cosmetics, textiles and dental metals among other things directly in the test input.

The special value of the allergy test according to Morell lies in the fact that it represents a single test method for intolerance/allergy by which the body is not provoked, but is even relieved during the test process. The test methodology and the later treatment are practically painless and are easily practicable with children and sensitive adults. The possibility of the physical testing permits the examination of numerous substances in a very short time span.

MORA Allergy Therapy

After the intolerances are tested the treatment occurs. The discovered substrates are brought up to the patient with Ai (inverted) Mode with defined amplification and filter adjustments on the device. By the phase equivalents and modulated inverted allergen oscillations comes a reduction of the original allergen oscillations in the patient's body, which now optimizes his possibilities to eliminate the allergens resident in the tissues and as a result to decrease the sensitivity of the immune system to the allergy information.

Treatment with the tested allergen oscillations is carried out several times. Then another test of the discovered intolerances/allergens takes place to determine to what extent the treatments must be further continued – as long as an absolute period of rest from the tested remedies is complied with.

At this opportunity it must be observed that the MORA test and therapy method for allergy treatment described here works well alone, especially for children and young adults without additional chronic illnesses.

With older or multi-morbid patients, this test and treatment alone is not sufficient for lasting illness improvement. With these patients there always exists (besides the phenomena of the allergy) other restraining or even blocking influences of the organism which must be recognized and be switched off as much as possible.

Additionally for example there are the constant burden from E-smog, incompatible dental metals, parasites or derailed acid-base household.

Only then can a lasting treatment success be achieved.

Chronic diseases cannot be treated successfully by a simple “kitchen recipe at the push of a button” alone.

The combination consisting of a MORA Allergy test and therapy as well as a treatment strategy which additionally supports the body and improves its general reactivity produces good results. For this constitutional therapy before and during the allergy treatment the MORA device with its big selection of treatment possibilities offers the best conditions.

The results of some case studies indicate that beyond the possibilities of school medicine the MORA BioResonance method can be a successful therapy.

IV. Practice Examples

Skin Allergy

H.S., 10 years old

For three years skin allergy symptoms with temporary night itch and various papules on the torso, especially however in the school swimming pool, restless sleep, sweating. During this time treatment by allergists with antihistamines. A hyposensitization treatment had to be broken off.

1. First Appointment: Testing of an electromagnetic overloading, incompatibility to sweet milk products, beet sugar, various nuts, amalgam, chlorine and the wash powder used in their house. MORA treatments with allergens. At night the mother pulled the electrical appliances and electric cables out of the current [wall sockets] in the child's room. A period of rest from the tested foods.
2. Second Appointment (after two weeks): Better sleep, itch and skin symptoms at night gone. No sweating. Still itching after the swimming pool. MORA treatment with allergens
3. Third Appointment (after four weeks): In the meantime a short therapy treatment with the tested allergens. Now no more itching after the swimming pool. The food and chlorine is no longer pathologically tested. Period of rest from the incompatible food is waived.
4. Fourth Appointment: Complaint free – Another testing of the allergens. Except for the amalgam everything is gone. The mother is advised to continue the current elimination in the child's room and a later amalgam removal for the child.

Result: Incompatibility towards amalgam, sweet milk and sugar (main allergens). The chlorine and wash powder incompatibility were the trigger. The incompatible reaction was aided by disposition and by long term burdens like E-smog and amalgam.

Bronchial Asthma

J.B., 2 years old

For some months nightly cough stimulus and increasing dyspnea. During the day at first no symptoms of the airways, later also dyspnea in the day, above all after exertion. A lung function test showed an obstructive ventilations disorder. An allergic component was expressly excluded. Treatment with steroids and bronchial dilating medications.

1. First Appointment: Allergy testing: Incompatibility with wheat and beet sugar, apple, nuts. Strong electromagnetic burdening. Afterwards MORA treatment with the tested allergens. Ordered the mother to remove current carrying parts [appliances and cables] from nearby the child at night and to keep a four week rest period from the allergy causing food.
2. Second Appointment (after 14 days): No more nightly coughing and dyspnea attacks. During the day full loading capacity. No more current burdening. Burdening from wheat, apple, nuts gone. Burdening from sugar weakened. MORA treatment with the remaining allergens. Careful eating of wheat and apples.
3. Third Appointment (after three weeks): Child complaint free. In testing all allergens gone. No medications. Current is again connected. The child can eat everything again.

Result: Allergic reaction to wheat and sugar (main allergens) under the influence of disposition and E-smog with symptoms of bronchial asthma. Disappearance of symptoms after MORA Allergy treatment and after removal of E-smog.

Fructose Intolerance

D.D., 29 years old

For a long time various bowel discomforts, especially after eating. It was diagnosed by an allergist as a fructose and lactose intolerance. Since then a strict diet with rest period from lactose and fructose however with only moderate improvement of the digestive discomforts.

1. First Appointment: In the MORA test proof of the incompatibility to milk products, diverse fruits, celery, nuts, gluten and many other products. Strong electromagnetic burden. Afterwards MORA Allergy treatment, E-smog elimination, period of rest from burdening food for six weeks. Removal of current carrying parts in the bedroom.
2. Second Appointment (after 14 days): Another testing of the old allergens, additional testing for chemicals, parasites, recreational drugs, etc. After E-smog elimination first perceptible improvement of the bowel discomforts. Clearly and verifiably less allergen burdening. Fructose no longer verifiable. Further period of rest from [burdening] food.

3. Third Appointment (after four short treatment appointments in the space of ten days): All burdening food tested as no longer burdening. Parasites gone. Complaint picture much better. Permission to eat milk and fructose containing products.
4. Fourth Appointment (after ten weeks): Another testing of all substances. Very good improvement, which continued over years. No more bowel discomforts. Patient can again tolerate milk and fruit symptom free.

Result: In spite of lactose and fructose intolerance proven externally by respiration test it is possible through E-smog elimination and MORA BioResonance therapy to get the patient completely free of symptoms. Main allergens: Milk, fructose with numerous accompanying trigger allergens.

Neurodermatitis

B.H.-G., 62 years old

Since childhood, neurodermatitis with temporarily violent itching attacks after consumption of certain foods, increases with solar radiation. Numerous treatment attempts by allergists and natural healing physicians so far without tangible success.

1. First Appointment: Testing of foods, dental metals. Burdening with amalgam, milk products, wheat, diverse fruits, vegetables, nuts, E-smog (strong burden). Afterwards MORA BioResonance therapy, E-smog elimination, rest period from [burdening] food.
2. Second Appointment (after 14 days): Mild deterioration of skin and itch, restless sleep. E-smog burden gone. Another testing of old tested products. Testing of own food from the household, of skin care products, heavy metals, detergent. Lowered burden from milk and vegetables, strong burden from fruits, nuts, amalgam, skin care products, partially medications. Wheat is now good. MORA treatment with all incompatibilities.
3. Third Appointment (after 14 days): Perceptible improvement of his state of health. Itch practically gone. Through testing Milk and nuts have very much improved. Still very clearly apple, pineapple, certain skin cosmetics, as well as a medical skin ointment. E-smog gone. Amalgam better. MORA BioResonance therapy and further rest period from the still burdening foods.
4. Fourth Appointment (after four weeks): The patient is very good. No itch, good sleep. Skin symptoms to a great extent gone. Burden still from amalgam (must be cleaned up!). Food no longer a burden. Testing and treatment for parasites (MORA). Testing for environmental poisons, household materials, food preservatives and suitable MORA BioResonance treatment.

5. After four further short therapy sessions (after a total of three months) very good state of health. Skin free. Itch gone. Food rest period completely waived. Amalgam was cleaned up. The E-smog burden eliminated by installation of a mains free switch.

Result: In this case besides the allergy testing and treatment with the help of MORA additional exclusion of long term burdening like E-smog, parasites, amalgam. Thereby stabilization of the freedom from allergy symptoms. This symptom freedom was interrupted over the years from time to time by light skin allergy symptoms caused by considerable stress and/or bigger viral or bacterial infections. The stable state could be restored by one or two MORA appointments.

To underline these case studies figures from a statistical examination of the allergy patients over my last ten practice years:

The improvement of allergy symptomatology for all 576 allergy patients examined and treated with the MORA BioResonance Method was valued at about 18% with “very good”, about 54% with “good”, about 20% with “adequate” and only 7% with “unimproved”, and of the 7% the therapy dropouts must be calculated which for different reasons have not led to an effective allergy treatment end.

These interesting figures are even more interesting because all these patients have been treated unsuccessfully by experts from school medicine.

The fascinating possibility, to test out the body carefully for incompatibilities as well as immunologic impressed and allergic substances in one easy, timely practical procedure, to recognize the hierarchy of these suspicious substrates and to diminish together through a rest period and a MORA therapy, opens a completely new access to the control of this serious disease form.

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*An exclusive **article for OIRF Supporters**, re-published October 2014
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A Tour of a Biological Medicine Practice

By Carolyn L. Winsor-Sturm, BMus, BEd

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As I finalized my preparations for the forthcoming 41st Biological Medicine Tour to Germany, I was reminded of the many amazing practitioners and researchers that have presented their work and findings to the groups over the years. We have seen and heard so many of the “greats” that it is almost impossible to remember and list them all.

One of our greatest challenges in organizing these tour programs is to make sure that we separate the wheat from the chaff (as the saying goes) to ensure that the participants hear not only the latest research, but also the most relevant and effective. This year the “latest innovation” is represented by the company continuing the final research of **Helmut W. Schimmel, MD, DMD**. I can remember – excuse my digression – the first time we met Dr. Schimmel back in the early 1980’s at a small private hotel close to WALA in the Black Forest and am proud that OIRF has played such a significant role in making the Vegatest Method available in so many North American practices.

Because of his position with Occidental Institute, the late **Dr. Walter D. Sturm†** was able to incorporate almost all of those cutting edge methods into his practice and research. Those that were most effective and useful earned the Institute’s highly respected recommendation. As I followed my wandering retrospective view of our many past tour programs and contemplated the departure of so many of his “toys” to new homes this summer during the garage sale, I felt compelled to repeat once again why those tried and true methods that Dr. Sturm used in his busy but highly specialized practice continue to be recommended so strongly by OIRF in these our more modern times. And primarily, it is because these are the methods and techniques that have allowed so many practitioners to build a long term successful practice!

I invite you to join with me as I take you on a narrative tour of Dr. Sturm’s office and his practice. As a “court of last resort” for many patients (referred to him from around the world) his approach was to charge one (quite astronomical) fee for each patient and then he could spend the time needed to personally work with them three times a week for a period of two to six weeks before they were sent back to their referring practitioner. The initial visit easily lasted four or five hours (with lots of breaks) and subsequent re-test and

therapy sessions often lasted one or two hours. The purpose of this format was to permit the incorporation of whichever diagnostic or therapeutic methods were appropriate for that individual patient into the treatment course without having to bill each method individually.

His goal was always to reduce or eliminate as many medications as possible that the patient was taking and to teach the body to heal itself. For the naturopathic practitioner the incorporation of remedies and medications into the therapy protocol is critically important (both for the approach to healing and economically within the practice). As a homeopath primarily, Dr. Sturm thought in terms of energy and energy information and because of his licensure and position with OIRF he seldom prescribed medications for any patient. Theoretically he certainly could have done such prescriptions, but he chose not to unless it was critically important for the patient to utilize the actual substance on a chemical or reaction level – such as insulin. On the other hand, he was a strong proponent of prescribing and utilizing those German homeopathic medications that were registered and available in North America at that time, such as SANUM and Heel.

Usually however, he turned to his basic triumvirate – his so called “three-legged therapy stool”. Initially and with every patient Dr. Sturm used:

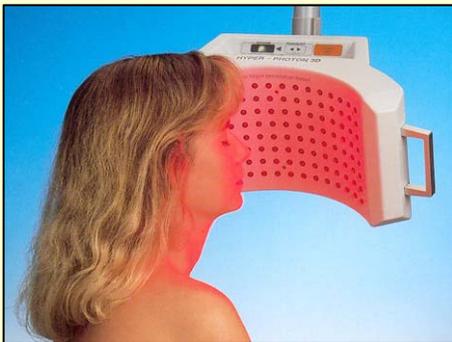
- 1) Inhaled Ionized Oxygen
- 2) BioPhoton Light Therapy
- 3) MORA BioResonance Therapy

To these were added the various diagnostic procedures (his personal choices remained with EAV, Performance 2001, BEV and the Vega DFM). [*He would have loved the AMSAT (fast and accurate segmental type diagnostics) and Dr. Gruba’s Color Therapy for Pain had they been available before his passing.*] Additional therapies when needed included pulsed electro-magnetic field therapy, laser for pain and the early MORA Color therapy. In light of his research and teaching position with OIRF he was fortunate to have access to all of these techniques (including VEGA) and was able to assess the areas of greatest effectiveness for each. However, if he had gone into private practice, he would have maintained the previously mentioned triumvirate as his basic and most often used techniques – and they still remain in use within the OIRF offices.

Why would Dr. Sturm (and many, many others) choose to use that triumvirate as the basis of their practice?

Step One is Inhaled Ionized Oxygen. This was the first method every patient experienced in Dr. Sturm’s office. With the push of a button on the *VNS Diagnosis 3000* (pictured sitting above the Oxygen device) an appropriate therapy program is chosen based on their state of vagotonia or sympathictonia and then sent to the *Oxygen Ion 3000* (both devices are from CSTronic, Austria and according to **Prof. Dr. Ivan Engler**).

Therapy begins with the push of one more button – easy, simple and delegable. But what does it do? Pure oxygen from either a tank or a concentrator is forced through the ionization chamber of the Oxygen Ion device and delivered to the patient via a mask. The patient is breathing pure oxygen that has been given a positive or negative charge (change of spin). The patient is simply breathing oxygen the way we normally breathe. However because the body does not need to process or filter that oxygen, it becomes a pure and natural energy donator. Thus, we have given the body pure energy that allows the healing process to begin – and relaxes all the little stresses and problems of the day (the traffic jam getting to your office, last night's hangover, the fight with their spouse, the teenager that annoyed them, etc., etc.) before you start your diagnostic process. We have simply given the body energy and evened out the playing field.



Step Two was always **BioPhoton Light Therapy**.

As we learned from *Dr. Fritz-Albert Popp* during the several OIRF tours he spoke at, BioPhotons are the small quantum of light. It is via BioPhotons that cells communicate and transfer information, in other words using light particles as the primary carriers of information in the body. Using the HPT 3D HyperPhoton device from Medical Electronics, one simple BioPhoton therapy session (either Alpha frequency on the head or Poly frequency on the

body) is giving the body the information about how to communicate this healing energy. Again, therapy begins with the push of one single button and automatically stops approximately 8 minutes later – easy, simple and delegable. Even before the next step in this cycle we have already started the healing process. For pain or trauma a second therapy session can be added later in the cycle.

Step Three was then **diagnostics**. What is it that this patient needs? What is the cause of the discomfort or illness? And what direction do we need to take in order to focus and promote the healing process? Here, Dr. Sturm believed you could never have enough toys (you know that guy thing). He always primarily relied on EAV (with an old RM-10S and also the diagnostic portion of the MORA) which is a technique that he first learned in the late 1960's, where he felt comfortable and skilled, and for which he had collected that amazing set of actual homeopathic remedies and test sets. He also incorporated BEV and the Vega DFM. In this step he spent a lot of time, laughing (often singing) and talking with the patient, and he called himself the ultimate private detective. He delighted in back

tracking or determining the cause and origin of the patient's disorder and we always heard loud whoops of triumph (from both Walter and the patient) when that initial cause was discovered.

Then moving into **Step Four**, the therapies become more individual and designed specifically for that patient. **MORA BioResonance Therapy** from Med-Tronik was always at the top of the therapy list. This therapy “reads” the patient’s own energy and information, processes it (filtered or inverted for allergies, etc.) and gives it back to the patient as their therapy. We have given the body the energy to heal (IO₂), we have taught the body how to communicate that healing energy (BioPhotons) and now we must teach the body how to utilize that energy. Here in essence, whether you utilize remedies or strictly MORA Therapy, you must give the body the information it needs to bring about the healing process.



For many disorders, Dr. Sturm also added **Pulsed Electro-Magnetic Field Therapy** from Advanced Medical Systems with great success and effectiveness (one of the smaller hand held devices pictured here). And, of course you can always go back and run a quick diagnostic re-test to determine that your therapy has been effective and has actually started the healing process.

All in all, it was a time consuming and complicated process. It is also a process that often will not fit into the busy and fast paced private practice that so many of you face. However the concept of the process and the application of the three basic devices can easily be incorporated into **any** modern practice (individually or in combination) and can also readily be combined with existing methods already in place.

Basic information on the three therapy methods mentioned here is available on our website at www.oirf.com and you can click on the pictures above for a direct link to further information. We welcome your phone calls and emails with enquiries, questions and comments.

Once again I ask you to join with Occidental Institute and help us to disseminate this critical therapy information and to bring new practitioners into the knowledge of their effectiveness.

Yours in Health,
Carolyn L. Winsor-Sturm
Managing Director



Married to Dr. Walter Sturm, Carolyn is one of the founding directors of Occidental Institute. She acted as Administrator until Dr. Sturm's passing in July 2004 and has now assumed the role of CEO and Managing Director. Although not a practitioner (trained as a teacher and musician), Carolyn has participated in all seminars, training programs and Germany Tours sponsored by the Institute. Her broad range of experience is now supported by an elite board of medical directors and advisors from around the English and German speaking world.

OIRF Resource Materials

Videotaped "DIAGNOSTICS" AND "THERAPEUTICS"

Seminar/Workshops by Dr. Walter D. Sturm† of OIRF Staff



* 1944-2004 †

Part One on Diagnostics:

- Electronic point measurement
- Medication testing, and more

Part Two on Therapeutics:

- **MORA-Therapy**
- Electronic Homeopathy
- Remedy Information Transfer, and more
- *Optional day on his other therapies!*

Follow this link to see a full description of these videotaped ["Diagnostics and Therapeutics" Seminar/Workshops](#) by the late Dr. Walter D. Sturm† of the OIRF Staff.

Available on five (5) DVD's plus one (1) CD with all overheads and extensive handouts materials for CDN \$200 (plus shipping).

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OIRF Resource Materials

➡ Of the three full “home-study” or “extension training” programs developed by Occidental Institute, two have been fully updated and are available in PDF format on disc. Research and publication of each of those programs has been pivotal in the development and application of Acupuncture and Biological Medicine in North America and around the world. Be sure to obtain your copies of these famous and well respected volumes for your library and study purposes.

- Modern & Traditional Acupuncture: \$165
- Master of Acupuncture Program: Translations of the ancient acupuncture classics (The Nei Ching consisting of the Su Wen and Ling Shu, as well as the “Difficult Classic” the Nan Ching) are still available in printed format – \$125
Work on scanning and reformatting these materials will progress slowly as time allows during our busy summer and fall seasons.
- EAV Desk Reference Manuals, Parts 1 & 2 – \$200
- Diagnostics and Therapeutics Seminars of Dr. Sturm – \$200

Get more details at <http://www.oirf.com/resources.html>



“EXTENSION TRAINING” PROGRAM IN MODERN & TRADITIONAL ACUPUNCTURE

Over twelve hundred pages of printed materials incorporating applicable materials from the supplementary textbook (An Outline of Chinese Acupuncture) and set of four charts (by China Cultural Corp.). Program starts off assuming you know nothing about acupuncture (a good place to start even if only as a thorough review of the basics) and takes you right through to the most heavy-duty advanced aspects of true, ‘energetical’ acupuncture. The finest and most comprehensive material in the English language, covers all seventy-one meridians of traditional acupuncture; that ‘missing sixty percent’ of acupuncture knowledge most “acupuncturists” have never even heard of; and, the modern electronic ‘needle-less’ treatment methods (Electro-Acupoint Therapy) now so popular.

Over 3,000 students were originally enrolled in this famous Extension Training Program, and the OICS graduate listings read like a “Who’s Who of Acupuncture” in the English speaking world. This program takes you as far as anyone possibly can in a ‘written’ format prior to the clinical finesse and practicum needed to round out your acupuncture study to professional levels.

FULL THIRTY-THREE LESSON PROGRAM NOW AVAILABLE ON DVD

Price includes disc with all 33 Lessons, applicable supplementary textbook (An Outline of Chinese Acupuncture) passages and representation of set of acupuncture charts (China Cultural Corporation set of four). [Current editions of the textbook and charts can be easily obtained from suppliers of acupuncture books and supplies.] Price does **not** include printed materials, binders; or, any tutorial, examination, or certification privileges. Follow above link for full details. **Full set on one disc available for CDN \$165.**

OIRF Resource Materials

- For more information and instruction about point and medication testing with EAV see the OIRF: [Medication Testing Report](#) and the [EAV Desk Reference Manuals](#) (both available on disc).
- For more information and instruction about [Diagnostic and Therapeutic Techniques in Biological Medicine](#) with emphasis on BioResonance Therapy please be sure to order the recently re-released videos of Dr. Walter Sturm's seminars.
- For a complete [listing of OIRF resource materials](#), including publications, reports, books and videos please follow this link to our website. There are full descriptions of all printed and recorded materials online.
- For a complete [listing of OIRF recommended instrumentation](#), including diagnostic, therapeutic and BioResonance devices please follow this link to our website. There are full descriptions of all instrumentation online.



➤ **Conferences and Conventions:** Here are some of the conferences, conventions and seminars where our OIRF Board of Directors and Advisors are presenting lectures. Dr. Dhanani has promised to forward a copy of his speaking engagements for inclusion in future issues. As this is a new part of our newsletter, I offer apologies to Dr. Yu that I am a little late with a couple of these, but . . .

- American Academy of Environmental Medicine, [Integrative Solutions for 21st Century Medicine](#), Oct. 23-26, 2014 Albuquerque, NM. Dr. Simon Yu
- **Medicine Week**, Oct. 30, 2104, Baden-Baden, Germany. Dr. Simon Yu. Topic is Parasites as a New Emerging Global Environmental Threat
- [Biological Medicine Tour #41 to Germany](#), October 28-November 3, 2014 (dates for the 48th Baden-Baden Medicine Week Congress have been confirmed). Join us for our **41st** group tour including the world famous "Medicine Week" Congress in Baden-Baden. Tour program also includes private OIRF English language lectures from renowned German clinicians and researchers as well as pharmacy and clinic visits.
- Watch for speaker, venue and date details for a series of seminar/workshops focused on practical application of OIRF recommended diagnostic and therapeutic methods.

➡ **OIRF publications:** During our “lazy” summer days and weeks it has been an interesting journey for me to look back at the many publications, articles and reports that were prepared by our founder **Dr. Walter Sturm**. Once again I was awed by the scope, quality and depth of information that he seemed able to bring together in a cohesive and easily understandable format. In our ongoing efforts to bring all of this amazing information into “modern” formats and accessibility, I worked on five different reports that are now available in digital (PDF) format (and we can now recycle all that old printed paper stored in the shed!). Support your Institute and add these excellent reports to your own personal library of information.

- 1) **Transliterations of the Chinese Acupuncture Point Names with Explanations.** This is a supplement to the Modern & Traditional Acupuncture Program. Every single traditional acupuncture point is shown with the point name transliteration (with both new and old – Pinyin and Wade Giles – spellings) along with a full explanation. Translated by **Michael C. Barnett, DAcu, LAc** from the work and research of **Jean-Claude Darras, MD**.
35 Pages (free to all M&TA program subscribers) \$25
- 2) **Report on LM Potencies.** Translated and prepared by **Dr. Walter D. Sturm** based on the work of **Dr. Samuel Hahnemann**. This is pivotal information for all homeopaths. In the last years of his life Dr. Hahnemann turned solely to the use of LM potencies for his patients instead of the “usual” C and X potencies still utilized today. This knowledge was suppressed for nearly 80 years and revolutionized the practice of homeopathy when that famous 6th edition of his Organon of Medicine was finally published. Read the story and see the meticulous research and translation left us by Dr. Sturm
51 Pages \$40
- 3) **The Problem of A and Inverted A in Homeopathic Nosodes.** Translated and prepared by **Dr. Walter D. Sturm** based on the research of **Gottfried Cornelissen, DMD**. Advanced BioResonance information.
4 Pages (only) \$ 5
- 4) **A Critical Examination of Current EAV-Diagnosis, the Mebe-Ampule and Filter Procedure.** Translated and prepared by **Dr. Walter D. Sturm** based on the research of **Gottfried Cornelissen, DMD**. Digital single oint mwasurement according to Dr. Cornelissen. Advanced BioResonance and EAV-Diagnostic information.
14 Pages \$10
- 5) **The Genital System.** Translated by Carolyn L. Winsor; revised and edited by **Sean Christian Marshall, DSc** based on the work and research of **Jean-Claude Darras, MD**. Advanced traditional acupuncture information explaining the energetics of the genital system including disorders and treatment.
23 Pages \$25

All items can be ordered through OIRF. Contact the office toll free at 1-800-663-8342 for rapid delivery.

➡ **Notice from long time member, supporter and teacher Gary Verigin, DDS**

To: All our patients, clients, friends, and acquaintances who value their health and wellness
It is my hope that you may take the time to read the following link which Dr. Hal Huggins has recently carefully written on the ***Future of Dentistry*** in the September Newsletter for the International Academy of Biological and Medicine as he evaluates several adverse situations in the mouth such as root canals, caries, filling materials, implants through sophisticated **DNA assessment** praying that dentistry will evolve into a true health profession rather than a fix and repair profession that the ADA views itself these days.
<http://iabdm.org/hals-dream/>

With warmest regards,
Gary Verigin, DDS

➡ Follow this link to our website to see Issue #10 in print/PDF format.

➡ **Updates, Reminders and Announcements:**

➤ Watch for Volume 10, Issue #11 of the "The Bridge" newsletter to arrive in your Inbox around mid-November. Next to be featured will be ***Dr. Tony Scott-Morley***.

➤ Visit our **Facebook** page – will you be our friend?



I trust you have found much of interest in these pages. We look forward to meeting you during our 2014-2015 activities and programs. As always your comments are welcome. Remember that this is your newsletter – your suggestions, article contributions, critiques, FAQ's and compliments – are gratefully accepted.

Yours in health,

Carolyn

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