



# THE BRIDGE

## Linking Practitioners of German Biological Medicine

Volume 11, Issue #5, May 2015

Tuesday, 19 May 2015

Dear Colleagues, Friends and Supporters of OIRF,

👉 **Welcome to Volume 11, Issue #4 of "The Bridge" newsletter!** Featured in this May issue is the inaugural article from Advisor **Silvia Binder, ND, PhD**, entitled "*Energy Medicine Going Mainstream*". Thank you Dr. Binder for this excellent historical and overview perspective of energy medicine.

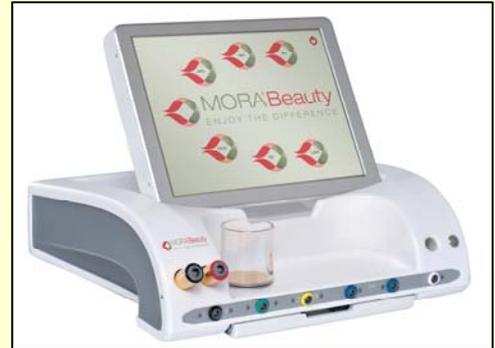
👉 **Med-Tronik**, Germany – famous for the **MORA Super**, **MORA Nova** and now the **MORA Beauty** – has recently launched their very snazzy new English language website. Be sure to visit this site at [www.med-tronik.de/en.html](http://www.med-tronik.de/en.html). There is lots of information, history, device pictures and descriptions, and the new forum is up and running.

We have just returned from Fort Lauderdale, Florida where OIRF and Med-Tronik co-sponsored an educational exhibit booth at the A4M congress. Here's a picture of the whole cast of characters from left to right: **Carolyn Winsor-Sturm**, OIRF CEO and Managing Director; **Sandra Börsig**, Med-Tronik Marketing and Sales Manager; **Elaine Mackenzie**, OIRF Administrator; **Nuno Ruivo**, DO Med-Tronik technology and software developer; **Karsten Unger**, Med-Tronik CEO and Managing Director; and **Dilsad Celebi**, Director for MORA in Turkey.



There was limited time to enjoy the warm weather and the pool, but we had a wonderful opportunity to meet new and long time OIRF members, and introduce the new MORA-Beauty to North America.

Here is a picture of the new MORA-Beauty specially designed for cosmetic applications. Four modules with software and appropriate accessories provide highly effective and delegable applications for: smoking cessation, relaxation, detoxification, stress relief, revitalization, cellulite and wrinkle reduction, weight loss, and optimization of nutrition. See more detailed information on this amazing device on our website at: [www.oirf.com/inst-morabeauty.html](http://www.oirf.com/inst-morabeauty.html)



➡ Thieme Publications now has a number of journals, e-journals and publications available in English (and German too of course). Here is a link to an extremely interesting article entitled "*The Biological Basis of Physics and the Role of Homeopathy*" by **Michael Hartmann, MD**, Speyer, Germany. It is very nicely laid out and available by PDF download: [www.thieme-connect.com/products/ejournals/html/10.1055/s-0033-1350944](http://www.thieme-connect.com/products/ejournals/html/10.1055/s-0033-1350944).

➡ The documentary film "*We Don't Vaccinate!*" by **Michael Leitner** was originally published a year ago, but in German only. They have just completed an extensive project to over-voice the 100 minute documentary into English. All preparation for launch of the DVD has been completed and they are now seeking assistance with marketing. If you have the contacts, capability and interest to help them out, contact OIRF at 1-800-663-8342 and we will put you in touch with the organizers. This is an important and carefully done documentary film. We will let you know as soon as it is available publicly.

➡ A reminder about the **Comprehensive Course in Neural Therapy (NT)**: For the first time in North America we will have an opportunity to have a comprehensive, practical hands-on training course in Neural Therapy run by an experienced, accredited German Neural Therapy association teacher, **Dr. Ulrike Aldag**, medical specialist for surgery ([www.ifn-berlin.de/neuraltherapie](http://www.ifn-berlin.de/neuraltherapie)). The course will consist of six segments, three days each, extending over a two-year period. It will culminate with an exam and certification. The first seminar will be held on Long Island, New York, June 19-21, 2015.

Dr. Aldag is presenting us English speaking North Americans, with an incredible opportunity to have practical, hands-on and educational workshops in NT. Dr. Aldag wants the class to be limited to 20 practitioners. So far I have enlisted ten healers who are committed to take the course.

Those of you who are interested and ready to needle and be needled, who are eager to learn an incredible tool of healing to help your patients, please get in touch with me soon.

You can find all the details posted on my website: <http://www.holisticmd.org/neural-therapy-course-announcement/>

**Michael I. Gurevich, M.D**

First seminar will be held on Long Island, NY. The fee is \$800.

Friday, June 19, 2015: 1 PM to 4 PM; 5 PM to 7 PM

Saturday, June 20, 2015: 9 AM to 1 PM; 2 PM to 6 PM

Sunday, June 21, 2015: 9 AM to 1 PM

➡ Be sure to check out the events and conferences announcements enclosed and on the [Calendar of Events](#) on our website. Make plans **now** for which events you will attend this year. Your support for the organizers is greatly appreciated, and gives you the return of fascinating, informative and educational programs that will enhance your practice. OIRF directors, advisors and/or members are active in each of the recommended events. See Pages 21 and 22 for further details.

➡ Full information and details on the **2015 Biological Medicine Tour program to Germany** have been published on the website at [www.oirf.com/germany2015.html](http://www.oirf.com/germany2015.html). Once again the tour dates will “umbrella” the dates of the famous Baden-Baden Medicine Week Congress. The Tour program will begin on the evening of Tuesday, October 27 and end on the evening of Monday, November 2, 2015 (begins and ends in Frankfurt, Germany with ground transportation in Germany included).

See our complete [Tour #42 Itinerary](#) and get ready to join us for this well planned and highly informative program. A full program of speakers, educational visits/presentations and lots of time at Med-Week round out the atmosphere of good friends, good food and stimulating conversation. Registration for this program is now available and registrations have already been received from as far away as Australia. Tour attendance is intended for active medical professionals and will be limited to ensure each participant enjoys a personally fulfilling educational experience. We are looking forward to meeting you in Frankfurt!

➡ All of your 2015 Volume #11 Issues of “The Bridge” newsletter will be sent to you by email and then published on our website. **Access is open to all.** Follow this link to get your PDF print copy of “The Bridge” Volume 11, Issue #5.

### ➡ OIRF Resource Materials:

- For more information and instruction about point and medication testing with EAV see the OIRF: [Medication Testing Report](#) and the [EAV Desk Reference Manuals](#) (both available on disc).
- For more information and instruction about [Diagnostic and Therapeutic Techniques in Biological Medicine](#) with emphasis on BioResonance Therapy be sure to order the recently re-released videos of Dr. Walter Sturm’s seminars.
- For a complete [listing of OIRF resource materials](#), including publications, reports, books and videos please follow this link to our website. There are full descriptions of all printed and recorded materials online.
- For a complete [listing of OIRF recommended instrumentation](#), including diagnostic, therapeutic and BioResonance devices please follow this link to our website. There are full descriptions of all instrumentation online.

➡ Here are your newsletter items for this Issue #5 . . .

*An exclusive article for OIRF Supporters published May 2015  
by Occidental Institute Research Foundation . . .*

## Energy Medicine Going Mainstream

By Silvia Binder, ND, PhD

© Copyright 2014, Dr. Silvia Binder, Schwanau, Germany and Cornwall, NY USA  
Pending publication in Anti-Aging Therapeutics Vol. 17, American Academy of Anti-Aging  
Medicine (A4M; [www.worldhealth.net](http://www.worldhealth.net)).

### ABSTRACT

*Energy is the substance of life. Without the understanding of energy, medical professionals cannot possibly comprehend the significant role that energy plays in medicine. We could not imagine a hospital today without the diagnostic capabilities of X-Ray, MRI, EEG, and EKG. All of these techniques measure and report the energy of a particular part of the body. The author's hope is that this article will widen the reader's perspective, understanding, and use of Energy Medicine which, ideally, should complement patient care.*

**Keywords:** Energy Medicine, Electromagnetism, Biofeedback, Focused Field Stimulation, Personalized Medicine, Mind-Body Medicine

### INTRODUCTION

*"If you want to find the secrets of the universe,  
think in terms of energy, frequency and vibration."*

Nikola Tesla

Energy medicine is the diagnostic and therapeutic use of energy whether produced by or detected by a medical device or by the human body. Energy medicine recognizes that the human body utilizes various forms of energy for communications involved in physiological regulations. Energy medicine involves energy of particular frequencies and intensities and wave shapes that stimulate the repair of one or more tissues. Examples of energy include heat, light, sound, gravity, pressure, vibration, electricity, magnetism, chemical energy, and electromagnetism [1].

It may come as a surprise to many to learn that energy medicine has been part of human history for thousands of years. Ever since man crawled and later walked the earth, energy was an essential part of primitive societies as well as advanced sophisticated cultures, including the Egyptians, the Chinese and the Greeks.

Going back to 15,000 B.C., Shamans living within their native tribes performed healing rituals using their bodies in movement, their voices, and plant or animal materials along with the elements of the earth such as fire, wind, and the moon. Their goal was to eliminate bad spirits which negatively impacted the physiological body of the sufferer. This art of healing is still taught and used today around the globe.

Ayurvedic medicine (also called Ayurveda) birthed in India, is one of the oldest medical systems and still today remains one of the country's traditional health care systems. Its concepts about health and disease promote the use of herbal compounds, special diets, cleansing of the bowels, soft tissue massage using hot oil, and other unique health practices. India's government and other institutes throughout the world support clinical and laboratory research on Ayurvedic medicine, within the context of the Eastern belief system [2]. The Ayurvedic perspective toward the physiology differs from modern Western thought; Humans are spiritual beings living in the temple of the physical body prompting the care of health to focus on spiritual healing to affect the physical body. Another idea unique to the Eastern philosophy and yogic doctrine is the idea of chakras. Chakras are seven wheel-like vortices of energy over nerve plexes and endocrine centers of the body, as well as the third eye and the crown of the head, with small vortices at each joint. They are functional rather than anatomical structures that are connected to the meridians and acupuncture points. Numerous researchers have shown elevated electronic recordings from these locations, particularly with persons in higher states of consciousness or with extrasensory abilities [3]. One cannot help but notice the popularity of this healing approach by finding Ayurvedic schools and practitioners not only in Asia but all over the Western world today.

Traditional Chinese Medicine (TCM) was first recorded around 2,700 B.C. and originated in ancient China. It is still used primarily in China and also all around North America and Europe. While you may think TCM is accepted and widely used throughout Asia, the reality is different; China's healthcare system offers two sorts of healthcare systems and hospitals to their people: Western Medicine and TCM clinics and both approaches are financially covered for the people. TCM encompasses the use of herbs and is mostly known for acupuncture. Acupuncture needles are placed on acupuncture points along meridians to balance the energy in the body, helping to improve the flow of energy and fluids. Most fascinating is the skill a TCM practitioner has to learn over time to be able to read the patient's face, tongue, complexion, posture, and the various levels of the pulse felt along the radial artery. The ancient beliefs on which TCM is based include the following:

- The human body is a miniature version of the larger, surrounding universe;
- Harmony between two opposing yet complementary forces, called *yin* and *yang*, supports health, and disease results from an imbalance between these forces;
- Five elements – fire, earth, wood, metal, and water – symbolically represent all phenomena, including the stages of human life, and explain the functioning of the body and how it changes during disease;
- Qi, a vital energy that flows through the body, performs multiple functions in maintaining health [4, 5].

Historic records lead us back to 1,600 B.C. discussing the brilliance of the ancient Egyptian priests or physicians who knew how to set bones, how to treat a fever and how to recognize symptoms of curable and fatal diseases. The Egyptians held the belief that illness was often caused by an angry god or an evil spirit. For this reason, the Egyptian doctor was also part shaman, who performed rituals and recited prayers on the sick. But, the Egyptian physician was

not limited to faith healing as part of his or her practice. Egyptian medicine became a far-reaching discipline, encompassing a great many fields. Doctors in Egypt, like today, were specialists in their particular fields. These fields included pharmacology, dentistry, gynecology, crude surgical procedures, general healing, autopsy, and embalming [6]. The goddess Ma-at wore as her symbol a feather, which was used to access the vibrational qualities of justice, truth, balance, and order. The energy is accessed by using intention, and by the use of symbols, usually hieroglyphs.

Energy Healing in the Sufi way predates religion. The elect divine messengers and prophets who were gifted with the precious gift of pure self-surrender to the Absolute, were also gifted with the healing energy which gushed forth from the energy of pure love and unconditional compassion (mercy to all creation). A contemporary energy healer in Sufi way once said: "To heal is to become one with Deep Love of God."

Ancient Greek manuscripts from 400 B.C describe laying on hands in Aesculapian temples. The philosopher and father of Western Medicine Hippocrates of Cos [7] defined energy as *"the force which flows from many people's hands"*. Hippocrates was the founder of the Hippocratic School of Medicine and ultimately established medicine as a discipline distinct from other fields such as theurgy and philosophy, thus establishing medicine as a profession. Hippocratic medicine was humble and passive. The therapeutic approach was based on "the healing power of nature". According to this doctrine, the body contains within itself the power to re-balance the four humors and heal itself.

Ancient Christian scriptures describe "laying-on-hands healing". Even more important is the message that it is their altered belief allowing healing to take place.

In the 18th Century Samuel Hahnemann, a German physician, discovered that "like cures like", when he ingested bark substance (Cinchona) from South America which was said to cure malaria-related intermittent fevers [8]. While he himself had not contracted malaria, when taking a larger dose of the substance, he in turn induced malaria like symptoms in himself, which led him to the idea "that which can produce a set of symptoms in a healthy individual, can treat a sick individual who is manifesting a similar set of symptoms." This experience birthed the idea of a new philosophy called homeopathy [9]. Often it is the information, a form of energy, related to the substance, not necessarily the substance itself that aids in the healing process. Homeopathic remedies are diluted at different levels to stimulate physiologically, emotionally, or spiritually.

Looking at today's diagnostic approaches, one couldn't imagine a hospital without ultrasound, X-Ray, and MRI capabilities, or even a private practice without an EKG, EEG, or ultrasound device. All these devices measure the energy of the body in different ways and from different perspectives for diagnostic purposes. This is standard use of care.

On the flip side, therapeutic approaches are still expected to primarily come from a chemical or surgical solution. While there is more and more interest pushing up from the masses via patients who have been seeking help for their chronic health issues, physicians remain hesitant to incorporate forms of energy medicine into their practice. Physicians who have had some sort of training in physics, such as orthopedics, anesthesiology, or even physical therapy know of the significance of the use of physics complementing chemical treatment approaches including pharmaceuticals and nutraceuticals.

With the abundance of self-help books, and information on the internet available today as well as TV and radio shows (which would have been unthinkable only 10-years ago), patients' demands from their physicians are significantly on the rise for complementary solutions which ideally should be non-invasive and with little side effects. This includes:

- Acupuncture;
- Massage;
- Osteopathy;
- Reiki;
- Meditation;
- Exercise;
- Homeopathy;
- Energy technologies including:
  - Laser, ultrasound and micro-current – primarily used for pain relief;
  - Biofeedback – for learning how to better cope with stress;
  - Electromagnetic stimulation for wound healing, soft tissue injuries, and pain.

Considered a “new” field in modern medicine, Energy Healing is separated into two categories by NCCAM, the U.S. National Center for Complementary and Alternative Medicine [10]:

- a) Energies that can be measured scientifically by our present standards, like electromagnetic therapy, or therapy using sound waves
- b) Energies that are not yet subject to our measurement – the subtle fields that are utilized in energy healing, acupuncture, chi gong, Ayurveda, homeopathy, therapeutic touch, prayer or distance healing, and similar modalities.

Patients are frustrated and disappointed with the standard care solutions for their chronic symptoms. More times than less, a vast population of chronically ill patients not only sees no improvement, but experiences further decline in their health. So, patients start to research, ask their doctors intelligent questions and listen to answers and solutions with high expectations. They seek help outside their insurance’s network, often traveling far to seek a physician who goes beyond the standard offering of care, giving more personal attention to the patient and offering treatment solutions including the realm of energy medicine.

Humans are electromagnetic beings, and we need to capture them as such with diagnostic and therapeutic approaches. This branch of biophysics is barely known or understood and therefore not pursued by physicians. While biophysics has been known and was officially recorded in 1892 [11] as “the branch in science concerned with the application of physical principles and methods to biological problems”, medical schools do not teach their students on the established fact that every function within the human body breaks down to an act of physics, even chemical processes. Knowing this fact would help physicians to move quickly and confidently embrace methods using forms of energy and complementing standard patient care with energy medicine.

In the peer-reviewed literature we find evidence that certain electromagnetic fields have an impact on the physiological process including melatonin secretion, nerve regeneration, cell growth, collagen production, DNA synthesis, cartilage and ligament growth, lymphocyte activation, and more [12]. What’s consistent in these findings is that the frequencies need to be specific and not generic. Exposing the patient to a large range of frequencies limits therapeutic results along with the lasting effects of the therapy. The electromagnetic stimulation needs to be personalized to the patient just like we personalize pharmaceuticals or nutraceuticals.

Research shows that specific frequencies correlate with organs and organ systems while significantly impacting cells, tissue, and organs:

- 8 Hz and the heart;
- 1,217.7 Hz with the kidneys;
- 0.18 Hz with the liver;
- 406.37 Hz with the lungs;
- 26.90 Hz with the colon;
- 114.03 Hz with the stomach;
- 60.40 Hz with the spleen/pancreas [13].

These frequencies are available in different octaves just like on a tempered piano; the note C can be played on higher and lower octaves. Frequency is the term to explain repetition over a certain amount of time and it is expressed in Hertz (Hz). These frequencies are based on the mathematical structure as already documented by Pythagoras 500 B.C., and upon which the basis of geometry is founded; this structure can be found in all elements of nature.

Again, the critical importance is the fine tuning of the therapeutic intervention to the patient's needs. It's just like when we use a remote control to get to channel 4 by pressing the number 4 on the remote or by pressing the button on our key to open our own car in a parking lot filled with 100s of cars. Only the correct signal will be received by the sensor and open the door of our own car. Our cell behavior is quite similar. Our cells' communication is based on electromagnetic signaling and if we want to tap into the cellular communication pathways, we need to use the right electromagnetic fields. But how to know what is right or most suitable/therapeutic and if we knew which signal was right, where would we place the stimulation on the body?

One answer could be to adapt a novel approach developed by French neurologist Nogier in the 1970s using a method similar to a polygraph (lie detector), but much simpler, to get to the "truth" of the individual by overriding what we think we know and allowing the practitioner to tap into the response of the autonomic nervous system. A device provides stimulation by applying focused individual frequencies to the patient via an applicator and the practitioner palpates at the radial artery to record frequencies whenever the pulse's quality (not quantity) changes due to the focused field stimulation. This method allows fine tuning to the patient and selecting the frequencies most significant to the patient. Then the practitioner applies the selected frequencies and scans the body with a hand-held applicator to isolate areas on the body that may be inflamed, infected, diseased, or otherwise disturbed. Once these areas are found, special applicators are placed on the selected areas to stimulate cellular repair and regeneration including soft tissue, ligaments, tendons, joints, and bone.

This method, also referred to as emotional biofeedback (receiving feedback from the patient's autonomic nervous system via the palpation on the radial pulse to the incoming focused field stimulation) is an absolutely brilliant way to get to the information proving to be most therapeutic to the individual in need of treatment. This biofeedback loop allows the practitioner to go beyond the limited "known" medical history searching for the causal fact or root of the patient's health difficulties and disorders. Our emotions, including unresolved emotional trauma or shocks reside as cellular memory and until confronted with such memory in a non-threatening way at a time when the patient is ready to revisit his or her dormant laying cellular memory, are often found to be the a primal cause for their physiological disorder.



Figure 1: A patient undergoing emotional biofeedback

Wilhelm Reich, a believer in the unity of mind and body, noted that memory of traumatic episodes is stored in body cells. Physical therapists have discovered that deep joint and skeletal massage does in fact release memories of emotional episodes [3]. While massage is stimulation from the outside-in, focused electromagnetic stimulation causes movement from the inside-out by effecting movement in and around cells [12].

Candice Pert, Ph.D., was a pioneer in the field of mind-body medicine. She received her doctorate in pharmacology from John Hopkins University and later on worked as a neuroscientist at John Hopkins University School of Medicine in the 1970s, and she was involved in the discovery of the opioid receptor which won the Albert Lasker Award. Candice continued her career at the National Institute of Mental Health, where she went on to do pioneering work on receptors and the peptides that correspond to them. She came to the conclusion that virtually all illness, if not psychosomatic in foundation, has a definite psychosomatic component. The “molecules of emotion,” she argued, “run every system in our body,” creating a “bodymind’s intelligence” that is “wise enough to seek wellness” [14]. She disclosed that until recently she viewed the brain in Newtonian terms with the neurochemicals and their receptors operating like locks and keys. Now she views the brain and its functions as a vibratory energy field with its locks and keys only ways of perturbing the field. The brain is no longer the end of the line – it is a receiver and amplifier of collective reality [3].

A forerunner to the female brilliance of Candice Pert was Valerie Hunt. They lived their lives and careers at a time when women were not easily found in the elite leagues of science. Both women were highly educated, well trained, were actively doing research, taught within their branches of medicine at reputable universities in the U.S., and they authored research papers and books. An interesting fact is that both of their journeys brought them to an “island” of new perspective followed by the creation of new thought in the field of medicine in the 20<sup>th</sup> century. These accomplished women passionately pursued the field of mind-body medicine, with Valerie Hunt spearheading beyond mind-body to the science of the human vibrations of consciousness [3]. Valerie was born in 1916 in Indiana and passed in February of 2014 at the age of 97! She

referred to herself as a scientist at work and a mystic intuitive at heart. She is best known for her pioneering research in the field of bioenergy, her visionary approach coupled with a rigorous adherence to the highest scientific standards which won her international acclaim in the fields of physiology medicine and bioengineering. As a professor at UCLA, California, she ran the first laboratory measuring and recording the energy of the vibrational patterns of the bioenergetic field surrounding the human body.

Even thought is energy. Thought is an organized field of energy composed of complex patterns of vibrations which consolidate information. Thoughts are events in the mind field that are available not only to the consciousness of the creator, but also to other minds [3]. Here is where a new thought leader comes in with his philosophy confirming Valerie's perspective: Bruce Lipton, Ph.D. a cell biologist who revolutionizes the DNA theory and helps give hope to physicians and patients alike with his ground-breaking concept that it is not the DNA that controls our biology. DNA is controlled by extra-cellular signals, including energetic messages such as thought and belief. Messages can be signaled by sophisticated instruments which gently and in a focused way tap into the communication pathways of our cells and help stimulate repair and regeneration on a cellular level [15].

PubMed, the National Library of Medicine, offers more than 30,000 peer-reviewed clinical studies on biofeedback and about 40,000 peer-reviewed clinical studies on electromagnetic/electric/magnetic field stimulation. This is a vast amount of documented research completed over the last 30-years. In the beginning of the 20<sup>th</sup> century, the East Coast was filled with electrotherapists, especially in New York City, possibly due to the fact that Nikola Tesla lived there. Tesla is most known for the invention of alternating current (AC) current still used today around the globe. He was an absolute genius, years ahead of his time. Tesla was extremely sensitive to the environment in his laboratory. It was filled with electromagnetic waves and he actually lived to the ripe old age of 86-years when men born in 1856 had a life expectancy of less than 50-years [16].

In 1898 Tesla published an article in *The Electrical Engineer* [17] discussing the therapeutic use of one of his inventions:

*"The physician will now be able to obtain an instrument suitable to fulfill many requirements. He will be able to use it in electro-therapeutic treatment in most of the ways enumerated. He will have the facility of providing himself with coils such as he may desire to have for any particular purpose, which will give him any current or any pressure he may wish to obtain. Such coils will consist of but a few turns of wire, and the expense of preparing them will be quite insignificant. The instrument will also enable him to generate Rontgen rays of much greater power than obtainable with ordinary apparatus. A tube must still be furnished by the manufacturers which will not deteriorate and which will allow to concentrate larger amounts of energy upon the electrodes. When this is done, nothing will stand in the way of an extensive and efficient application of this beautiful discovery which must ultimately prove itself of the highest value, not only at the hands of the surgeon, but also of the electro-therapist and, what is most important, of the bacteriologist."*

On the other coast of the U.S., another brilliant pioneer birthed the idea to investigate the possibilities of electrical treatment of diseases. The place was San Diego and his name was Royal Raymond Rife. He was fascinated by bacteriology, microscopes and electronics. He noticed individual differences in the chemical constituents of disease organisms and saw the indication of electrical characteristics, and observed electrical polarities in the organisms [18]. Over the next 30-years he proved the efficacy of using focused specific resonant frequencies destroying disease organisms and eliminating chronic disease including cancer.

As history continued, on October 13, 2009 Goodwin et al at NASA (The National Aeronautics and Space Administration) filed Patent No: US 7,601,114 B2 for an electromagnetic apparatus using a wire coil to enhance tissue repair in mammals. On August 15, 2005 NASA released an article entitled *Pulsed Electromagnetic Fields – A Countermeasure for Bone Loss and Muscle Atrophy* [19] confirming the need of stimulating their astronauts with non-invasive pulsating electromagnetic fields during the time they live in space and are disconnected from earth's energy/gravity to help prevent bone loss and muscle atrophy.

## **CASE HISTORIES**

### ***RL, a 5-Year-Old Male Diagnosed with Thrombosis on the Heart Valve***

Patient has pacemaker after open-heart surgery at age 2 performed at Children's Hospital in Boston (Corrected L-transposition, closure of VSD). In March of 2002, patient was diagnosed with a thrombus measuring 10mm x 0.9mm located on heart valve. He had been on an average of 2 mg Coumadin for 2-months, but had not yet reached a therapeutic level, which was set between 2-3 (INR). His blood results came back as 1.75, 1.8, 3.8 and 4.2.

Head cardiologist David Fulton, M.D. an assistant professor at Harvard Medical School, was considering surgically removing the thrombus due to the non-responsiveness of the patient to Coumadin. To potentially avoid surgery, the therapeutic approach of biofeedback and focused field stimulation was added to the treatment of the anti-coagulant.

The frequencies emitted from the technology were tested at Children's Hospital at Westchester Medical Center, NY, for possible interference with pacemaker. There were no fluctuations of the pacemaker or in the heart as seen on the echocardiogram as well as pacemaker testing device from Medtronic. Three therapeutic sessions were administered within 4-days; scanning and applying patient specific frequencies. The patient's reaction areas were noted in patient data sheet and were stimulated with the patient-specific frequencies. Another INR blood test was taken several days later and for the first time in 3-months, RL reached a therapeutic level of 2.7.

Two additional biofeedback and focused field stimulation therapies were administered over the following 5-days. After only 5 treatments over 2-weeks, the patient was examined with an echocardiogram at Westchester Medical Center, NY, which showed a reduction of the thrombus to 0.9mm x 0.6mm. Patient continued the sessions weekly. Three weeks later another echocardiogram showed that the thrombosis had further reduced to 0.6mm x 0.5mm.

Patient received sessions every 2-weeks with individual frequencies and pre-set programs. Just 3-months later, patient's thrombosis was barely visible on the echocardiogram and patient was taken off the Coumadin medication. Patient successfully avoided having to go through open-heart surgery by adding biofeedback & focused field stimulation therapy to the

existing treatment protocol. According to pediatric cardiologist Aaron Levine, M.D. Children's Hospital at Westchester Medical Center, who stated in his letter dated October 2003 to the patient's pediatrician: "*The thrombus as described in previous letters by Dr. Woolf is not clearly seen at this examination*".

The patient remains in good health, without any medication and quarterly maintenance treatment. He is now 17-years-old (July 2014) and recent examination at the University Clinic in Freiburg, Germany, revealed a healthy heart without any signs of a thrombus.

### **Myasthenia Gravis**

JP, a 59-year-old female has had 17 treatments with a technology combining biofeedback and focused field stimulation as of March 26, 2010. She was diagnosed with myasthenia gravis after initial testing for multiple sclerosis in her 40's. Her symptoms included:

- Muscle weakness over whole body increasing with use;
- Drooping eyelid on right side;
- Sagging face on right side;
- Lack of facial expression on right side;
- Weakness of the hand muscle;
- Urgency incontinence;
- Extreme tiredness in daytime;
- Sleep disturbance at night;
- Equilibrium/Balance problems;
- Arrhythmia.

Treatment was started on January 18, 2010. By her fifth session, she started resting better. By March, she reported sleeping 6-hours at night undisturbed. The muscle tone of her face greatly improved (Fig. 2). Within a total of 17 treatments over 4-months, the patient no longer experienced any of the symptoms as part of her diagnosis. JP reported her cardiologist adjusted the arrhythmia medication since her cardiac diagnosis of arrhythmia showed significant improvement. The patient is followed up with maintenance treatment once per quarter.



Figure 2: JP before (left) and after (right) undergoing 17 treatments over 4-months

### ***Lymphedema***

Suzanne Somers, a well-known health pioneer and best-selling author, has published several books over the past years revealing groundbreaking medical approaches that are used in daily practice by progressive physicians around the U.S. She has written of her use of biofeedback combined with focused field stimulation in *Breakthrough*, *Knockout*, and *Bombshell* and revealed how this modality helped her with lymphedema by alleviating the swelling and pain from her left axilla and left breast using this therapeutic approach. Interesting was the fact, that her main reaction area was not in the area of the swelling, but in the right lower quadrant where the focused field stimulation primarily took place. She confirmed the location of a scar. This is a perfect example to showcase the correlation between stagnation of fluid or energy in a remote area being the root cause to the accumulation of fluid or energy in a different part of the body; In this case the correlation was between the scar on the right lower abdomen and the left axilla/breast. Suzanne has been using this modality on a daily basis, especially after her recent stem cell breast surgery [20].

### **CONCLUSIONS**

The question must not be: Does energy medicine work? Of course it works. It has worked since the existence of humanity. Magnetism is a physical phenomenon that exercises its influence on the entire universe, including living beings. As James Oschman, Ph.D. stated so well at the A4M Conference in Orlando several years ago:

*“When we ignore energy we miss 99% of reality. In fact, what can you comprehend about anything without energetics?” [21]*

The biological manifestations of electromagnetism range from the potential of action produced by cellular depolarization in response to ionic flow through its membrane to organic representations that are in fact used for diagnostic purposes such as cardiac, cerebral, or muscular electrical activity. There is ever more scientific evidence that questions the physiological model currently accepted, which exclusively considers biochemical process and nervous conduction as responsible for cell and organic interactions. It is necessary to consider electromagnetic phenomena as cell behavior elements that precede the other processes [22].

While energy medicine plays a potent role in patient care, when looking at the bigger picture, there are many other perspectives and solutions from different cultures and ancient wisdom to bring into a personalized medicine approach to help our patients recreate their belief system and change their life patterns. Our own use and teaching of the most important puzzle pieces that come into play of an integrative or complementary approach to helping chronically ill patients in a personalized setting are shown in Figure 4 [next page].

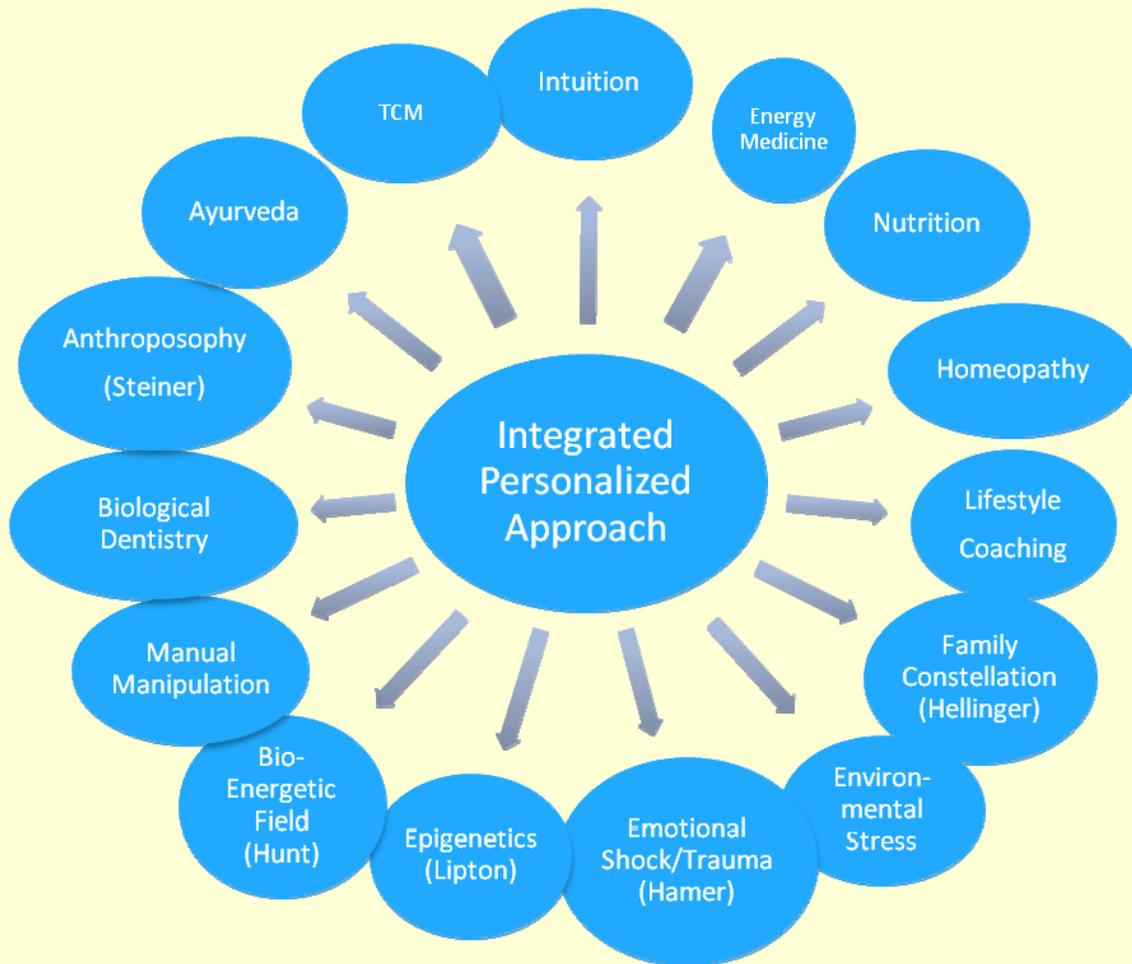


Figure 4: An intergrated personalized approach to patient care should include the use of many treatment modalities

Besides relief of symptoms, have you have ever given thought to what it really is that our patients are searching when seeking our help and involvement to improve their health? Deep down there is a desire, an unfulfilled part in their lives that drives their body into a state of chaos and dysfunction. When zooming out (not only zooming into their physiological distress), one could find their inner yearning to:

- Find hope;
- Forgive;
- Feel safe;
- Be free;
- Live life without fear;
- Be respected;
- Be and feel beautiful;
- Love and be loved;
- Connect with the seed of their powerful self they have come to live.

When we are born as naked innocent beings, we live in the moment and allow a special life force to work through us so we may live our purposeful life. But something happens somewhere along our lives (from my perspective before a child turns 5), when a shocking or traumatizing situation as little as it may be, disconnects us from the trust and belief in ourselves and gets us on a different path; a path that is not ours. Many years later our bodies follow the emotional and spiritual disconnect by expressing symptoms and disease.

Not only our patients, but all of us are searching for these aspects within us. It is a journey we all should respect and embrace allowing ourselves to live our powerful selves impacting the world around us.

*“The most beautiful thing we can experience is the mysterious. Recognition of the mystery of the universe is the source of all true science. He to whom emotions are a stranger, who can no longer pause to wonder and stand rapt in awe is as good as dead; his eyes are closed.”*

Albert Einstein

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## ABOUT THE AUTHOR

Silvia Binder is the Founder of The Binder Institute for Personalized Medicine in Southern Germany. She was born in Germany, and grew up in Vienna, Austria, where she earned her degree in business. A motorcycle accident at the age of 15 brought her into a coma for 21-days, announced clinically dead 5-times. She spent her 16<sup>th</sup> year of life recuperating from her injuries, bound to a wheel chair. Her life changed dramatically by having heightened awareness. Her career led her to New York in 1989 where she lived for 22-years until moving back to Germany in 2010. Her personal story with her 5-year old son fueled her passion for complimentary medicine. Silvia received her N.D. degree from the College of Naturopathy in London, U.K. followed by her Ph.D. degree in naturopathy. Silvia has been helping chronically ill patients from all around the world, she is an Advisor/Board Member of the International Medical Wellness Association, member of the American Academy of Anti-Aging Medicine, belongs to the Board of Advisors of the **Occidental Institute Research Foundation**, is involved with clinical studies at various university clinics, lectures around the world, and offers specialized courses for healthcare practitioners.

Contact: [silviabinder@binder-institute.de](mailto:silviabinder@binder-institute.de)



## Practice Application:

### ONDAMED

Focused Field Stimulation Combined with Biofeedback  
From ONDAMED, Germany



The applied methodology with the ONDAMED System is founded on the basis of respect and honor for each individual life and the individual truth within each patient. The goal of ONDAMED's physiological treatment in using focused electromagnetic waves is to stimulate improvement of systemic functions as well as improving stress tolerance levels without connecting the patient to health hazardous induced labelling of diagnosis.

The ONDAMED is a combination of various philosophies and its frequency selections are based on ancient and pioneering Western and Eastern healing methods including Traditional Chinese Medicine, Ayurvedic Medicine, and Homeopathy.

A Visualization Software lets the patient visualize the frequencies in colors, providing color therapy at the same time the frequency stimulation takes place. The Software also allows for recording the information found on the patient, and printing the patient information sheet.

Humans are electromagnetic beings, and are receptive to electromagnetic vibrations. ONDAMED stimulation induces subtle current impulses in the body's fluids, organs, tissue, and cells. Our connective tissue, also known as "the matrix", is our largest organ in the body. Connective tissue connects all cells and organs in the body.

The flow of electrons takes place in connective tissue. The perineural and perivascular system sits in organs, around muscles, bones and nerves. What takes place here may be compared to a

### ONDAMED (Continued . . .)

semiconductor. Let's take the following example: Isolated areas in the body, such as inflammation, are collecting a different electrical potential widely known as the ph-level in the body.

Once the ph-level is outside the neutral range of close to ph7, it indicates an electrical potential of the isolated area. This potential has an electrical field, which influences the conductivity in the surrounding area – just as the gate does in a semiconductor.

- See further details and information at [www.oirf.com/inst-ondamed.html](http://www.oirf.com/inst-ondamed.html)
- For order, delivery & pricing information contact OIRF Office at 1-800-663-8342

### Practice Application:

#### MORA® Nova

True BioResonance Therapy with the Patient's own Frequency Spectrum  
From Med-Tronik, Germany

- Standard EAV or MORA Optima assessment capabilities of the **Nova® MED Professional**.
- Full EAV assessment software incorporated into Nova® MED Professional for fast accurate testing and assessment using actual or electronic test sets.
- Optional "Tooth Testing" module for standard currents in the mouth, as well as assessment of dental foci.
- Cancer and Mitochondriopathy Electronic Test Sets according to the research of **Dr. Gottfried Cornelissen** for cancer assessment and application.
- Or, VEGA-type testing capability has been incorporated into the MORA-Nova to allow utilization of available Electronic Test Sets – or of the coveted actual VEGA test set vials.
- For those who already have other testing and diagnostic methods in place, or for beginning BioResonance practitioners, the recently introduced **Nova® MED Basic** offers a less costly device with "therapy only" applications.
- **MORA BioResonance Assessment and Therapy Applications:**
  - EAV, MORA Optima or Vega-style diagnostics to confirm infection.
  - Major applications for detoxification and intolerance.
  - Building immune system.
  - Delivery of medication information.
  - Follow this link for [MORA BioResonance details](#).
- For order, delivery & pricing information contact OIRF Office at 1-800-663-8342



## Practice Application:

Biophoton HPT 3D Standard  
BioPhoton Light/Laser Therapy  
From Medical Electronics, Germany

The most modern large area laser therapy, the Biophoton light therapy, with optional magnetic field therapy, depth relaxation, super-learning and energetic homeopathy, make this therapy apparatus a particularly effective instrument.

**64** Hyper-red Special LED  
(HeNe Laser carrier)  
660 Nanometer (Hyperred)  
ca. 6 Milliwatt per diode

**64** Laser diodes  
785 Nanometer (Infrared)  
ca. 6 Milliwatt effective per diode



- Eminently suitable for hair, face and body treatment. Impressive results within a short time – in particular with cellulite and other large area tissue problems.
- New modulation frequencies stimulate the body to produce endorphins. Endorphins improve the mental attitude, activate the immune system and optimize all the body's own self-healing effects.
- That is modern overall therapy – the therapy of the future! With this apparatus it can be impressively confirmed what modern energy therapy is able to do!
- **Optional accessories** for the HPT 3D HyperPhoton device include:
  - Magnetic coils (in three sizes) – to add a stronger and more focused magnetic field therapy component
  - Music modulation – to incorporate relaxing and healing sound through the BioPhoton field (e.g. reflection and meditation music of Arndt Stein, etc.)
  - Specially designed honeycomb for delivery of medication and remedy information
  - Either a rolling floor stand or a wall mounted “swinging” arm
- See further details and information at [www.oirf.com/inst-biophoton.html](http://www.oirf.com/inst-biophoton.html)
- For order, delivery & pricing information contact OIRF Office at 1-800-663-8342

## Practice Application:

### Oxygen Ion 3000 with VNS Diagnosis 3000

By Prof. Dr. Ivan Engler, Inhaled Ionized Oxygen Therapy  
From CS Tronic, Austria

The **Oxygen Ion 3000**/by Dr. Engler is a so-called oxygen-ionizer which enables you to enrich medical oxygen with electrical charge carriers in the form of “oxygen-cations” or “oxygen-anions”. The administration of enriched oxygen is carried out via an oxygen mask. The oxygen quantity varies between 4 and 8 liters, yet the changed charge quantity has to be considered. The therapeutic session lasts 12 minutes. As an alternative, oxygen concentrators may be used instead of oxygen cylinders.

Because of the state-of-the-art processor technology, the respective polarities are changed over automatically, without having to switch the oxygen supply. A data interface to VNS Diagnosis allows an automatic therapeutic transmission from the diagnosis device VNS Diagnosis 3000/by Dr. Engler.

As an ideal complement to Oxygen Ion 3000/by Dr. Engler, **VNS Diagnosis 3000**/by Dr. Engler supports your diagnostic procedure. VNS Diagnosis 3000/by Dr. Engler measures the capacity and the resistance between both gold electrodes and forms an optic display of the vegetative situation in the form of a LED-diagram. Of course there is the possibility to read off the measured values as direct numbers as well and can be interpreted individually. Because of similarities to the Oxygen Ion 3000/by Dr. Engler, a display of therapeutic proposals was also integrated. A data wire immediately transmits the therapeutic proposal to the Oxygen Ion 3000/by Dr. Engler, from which a further program selection can be started afterwards. The shape of the gilded electrode plates is handy and therefore facilitates the reproducibility of the measured results.



- See further details and information at [www.oirf.com/inst-oxygenion3000.html](http://www.oirf.com/inst-oxygenion3000.html) and [www.oirf.com/inst-vnsdiagnosis.html](http://www.oirf.com/inst-vnsdiagnosis.html)
- For order, delivery & pricing information contact OIRF Office at 1-800-663-8342

## ➤ OIRF Resource Materials (continued):

- Of the three full “home-study” or “extension training” programs developed by Occidental Institute, two have been fully updated and are available in PDF format on disc. Research and publication of each of those programs has been pivotal in the development and application of Acupuncture and Biological Medicine in North America and around the world. Be sure to obtain your copies of these famous and well respected volumes for your library and study purposes.
  - Modern & Traditional Acupuncture: \$165
  - Master of Acupuncture Program: Translations of the ancient acupuncture classics (The Nei Ching consisting of the Su Wen and Ling Shu, as well as the “Difficult Classic” the Nan Ching) are still available in printed format – \$125 Work on scanning and reformatting these materials will progress slowly as time allows during our busy summer and fall seasons.
  - EAV Desk Reference Manuals, Parts 1 & 2 – \$200
  - Diagnostics and Therapeutics Seminars of Dr. Sturm – \$200

Get more details at <http://www.oirf.com/resources.html>

## **“EXTENSION TRAINING” PROGRAM IN MODERN & TRADITIONAL ACUPUNCTURE**

Over twelve hundred pages of printed materials incorporating applicable materials from the supplementary textbook ([An Outline of Chinese Acupuncture](#)) and set of four charts (by [China Cultural Corp.](#)). Program starts off assuming you know nothing about acupuncture (a good place to start even if only as a thorough review of the basics) and takes you right through to the most heavy-duty advanced aspects of true, ‘energetical’ acupuncture. The finest and most comprehensive material in the English language, covers all seventy-one meridians of traditional acupuncture; that ‘missing sixty percent’ of acupuncture knowledge most “acupuncturists” have never even heard of; and, the modern electronic ‘needle-less’ treatment methods (Electro-Acupoint Therapy) now so popular.

Over 3,000 students were originally enrolled in this famous Extension Training Program, and the OICS graduate listings read like a “Who’s Who of Acupuncture” in the English speaking world. This program takes you as far as anyone possibly can in a ‘written’ format prior to the clinical finesse and practicum needed to round out your acupuncture study to professional levels.

### **FULL THIRTY-THREE LESSON PROGRAM NOW AVAILABLE ON DVD**

**Price includes** disc with all 33 Lessons, applicable supplementary textbook (An Outline of Chinese Acupuncture) passages and representation of set of acupuncture charts (China Cultural Corporation set of four). [Current editions of the textbook and charts can be easily obtained from suppliers of acupuncture books and supplies.] Price does **not** include printed materials, binders; or, any tutorial, examination, or certification privileges. Follow above link for full details. **Full set on one disc available for CDN \$165.**

## **Videotaped “DIAGNOSTICS” AND “THERAPEUTICS”**

**Seminar/Workshops by Dr. Walter D. Sturm† of OIRF Staff**



\* 1944-2004 †

### **Part One on Diagnostics:**

- Electronic point measurement
- Medication testing, and more

### **Part Two on Therapeutics:**

- **MORA-Therapy**
- Electronic Homeopathy
- Remedy Information Transfer, and more
- *Optional day on his other therapies!*

Follow this link to see a full description of these videotaped [“Diagnostics and Therapeutics” Seminar/Workshops](#) by the late Dr. Walter D. Sturm† of the OIRF Staff.

Available on five (5) DVD’s plus one (1) CD with all overheads and extensive handouts materials for CDN \$200 (plus shipping).

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P. O. Box 100, Penticton, BC V2A 6J9 Canada  
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➤ **Conferences and Conventions:** As a new approach to bring this information and education to a broader range of practitioners this year OIRF will sponsor speakers and lecturers in a number of conferences and events throughout the USA and Canada. Here are **some** of the conferences, conventions and seminars where our OIRF Board of Directors and Advisors are giving presentations and participating.

➤ **Comprehensive Course in Neural Therapy (NT).** This training course consists of six segments, three days each extending over a two-year period culminating with an exam and certification. **Dr. Ulrike Aldag** is a medical specialist for surgery and an experienced and accredited German Neural Therapy Association teacher. This is a unique opportunity to have practical hands-on and educational workshops.

First seminar will be held on Long Island, NY. The fee is \$800.

Friday, June 19, 2015: 1 PM to 4 PM; 5 PM to 7 PM

Saturday, June 20, 2015: 9 AM to 1 PM; 2 PM to 6 PM

Sunday, June 21, 2015: 9 AM to 1 PM

For more details contact **Michael Gurevich, MD** at [www.holisticmd.org/neural-therapy-course-announcement/](http://www.holisticmd.org/neural-therapy-course-announcement/)

➤ Here is a listing of **MORA Therapy and BioResonance training sessions** available in English. The following three sessions will be held in Friesenheim, Germany at the Med-Tronik training center:

<del>March 21-22, 2015</del>	<del>Basic MORA and BioResonance Completed</del>
<b>July 18-19, 2015</b>	Advanced MORA and BioResonance
<b>October 24-25, 2015</b>	Masters Level MORA and BioResonance

**Note:** The Master program takes place the weekend before the start of the OIRF Tour #42 (on Oct. 27) and the start of the famous Medicine Week Congress (on Oct. 28). If you are interested in attending this program, contact Carolyn or Elaine for "Optional Tour Add-Ons".

<b>September 10, 2015</b>	MORA BioResonance Therapeutic Possibilities With <b>Marguerite Lane, ND</b> , Australia at the " <b>Curing the Incurables</b> " Conference, St. Louis MO Sept 11-13, 2015
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➤ **49th Medicine Week Congress**, Oct. 28 to Nov. 01, 2015, Baden-Baden, Germany, Directors and Germany Tour participants attending. Usually more than 3,000 doctors participate with nearly 200 lectures, workshops and courses (in German language). Main theme this year is "The Whole Keyboard of Healing". Exhibit area with more than 220 exhibits providing you an excellent insight into the big product offerings in natural healing and complementary medicine. There you can find out directly, and compare. Contact OIRF for attendance possibilities.

➤ **Biological Medicine Tour #42 to Germany**, October 27 to November 2, 2015. Join us for our **42nd** group tour including the world famous "Medicine Week" Congress in Baden-Baden. Tour program also includes private OIRF English language lectures from renowned German clinicians and researchers as well as pharmacy and clinic visits. See details previously listed in this Issue. Registration for this program will open within the next few weeks and is expected to fill quickly.



## Occidental Institute Research Foundation

### 42nd Biological Medicine Tour to Germany

Tuesday, October 27 through Monday, November 2, 2015

**Theme:** Clinical Applications in Biological Medicine: The Latest Discoveries for Long Standing Therapeutics

**Keynote Speaker:** Prof. Dr. Roeland van Wijk, BioPhoton Research & Therapy

Plus private English language lectures from renowned researchers and clinicians:

- **Silvia Binder, ND PhD** – ONDAMED Therapy
- **Tina Först, HP** – PEMF Therapy
- **Michael Galle, DSc, Biologist** – BioResonance Theory and Application
- **Dieter Jossner**, physicist – BioPhoton Therapy
- **Uwe Reuter, MD** – Biological Medicine Hospital Clinic
- **Nuno Ruivo, DO** – BioResonance Therapy
- **George Stommel, MD & Martin Landenberger, MD** – RNA Therapy / Pharma
- **PaedDr Uwe Uellendahl** – BioResonance Therapy & Diagnostics

- Our private lectures present the latest information and research in our field, with ample time for questions and hands-on.
- An opportunity to talk with like-minded colleagues and learn from the experience and expertise of attending OIRF Directors and Advisors.
- Visit and participate in the famous Medicine Week Congress in Baden-Baden
- Travel in comfort with plenty of room for luggage
- Tour price of \$3,295 includes full tour program, single room accommodations and most meals
- Be treated like family with good food, good friends and good conversation in friendly hotels

**ADVANCE REGISTRATION IS RECOMMENDED**

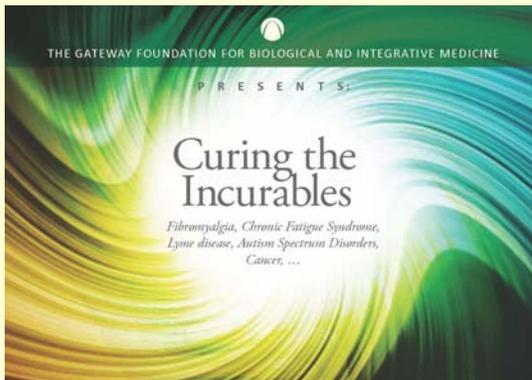
[Biological Medicine Tour #42](#) information and [Register here](#)

For more details contact: Occidental Institute, [www.oirf.com](http://www.oirf.com); E-Mail: [support@oirf.com](mailto:support@oirf.com)  
PO Box 100, Penticton, BC V2A 6J9 Canada and register at 800-663-8342 or (250) 490-3318

➤ Gateway Foundation for Biological & Integrative Medicine presents **Curing the Incurables**, Sept. 11-13, 2015, St. Louis, Missouri USA, OIRF Educational Exhibit area featuring the MORA Beauty/Nova. Details and registration at <http://www.iamconf.com/>

There is an impressive lineup of speakers including **Dr. Dietrich Klinghardt, Dr. Garry Gordon, Dr. Jeremy Kaslow, Marguerite Lane, Dr. Michael Gurevich, Dr. Michael Rehme, Dr. Robert Cass and Dr. Simon Yu.**

Also featuring a one-day workshop on **“MORA BioResonance Therapeutic Possibilities”** on Sept. 10, 2015 with Marguerite Lane, ND from Australia



➡ Follow this link to our website to see Issue #5 in print/PDF format.

➡ **Updates, Reminders and Announcements:**

➤ Watch for Volume 11, Issue #6 of the "The Bridge" newsletter to arrive in your Inbox around mid-June. Next to be featured will be an article contribution from OIRF Medical Advisor and Director **Karim Dhanani, ND**.

➤ Visit our **Facebook** page – will you be our friend?



I trust you have found much of interest in these pages. Most of the arrangements, plans and details for our many 2015 events and activities have been finalized, and also there are many informational articles being prepared for the next Issues of this Volume 11 of "The Bridge". Electronic publication with access open to all will continue throughout 2015 and we look forward to bringing you that cutting edge information for which OIRF is famous.

We look forward to meeting you during our 2015 activities and programs. As always your comments are welcome. Remember that this is your newsletter – your suggestions, article contributions, critiques, FAQ's and compliments – are gratefully accepted.

Yours in health,

*Carolyn*

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Telephone: (250)490-3318 Fax: (250) 490-3348  
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Published in Canada