



THE BRIDGE

Linking Practitioners of German Biological Medicine

Volume 10, Issue #5, May 2014

Wednesday, 14 May 2014

Dear Colleagues, Friends and Supporters of OIRF,

➔ **Welcome to Volume 10, Issue #5 of "The Bridge" newsletter for 2014!**

With this issue we once again bring you an insightful article by **Karim Dhanani, ND** who is a member of the OIRF Board of Directors and Chief of our Board of Medical Advisors. As always Dr. Dhanani gets us thinking and presents well researched background information.

➔ All 2014 issues of "The Bridge" newsletter will be sent to you by email and then published on our website. **Access is open to all.** Follow this link to get your PDF print copy of ["The Bridge" Volume 10, Issue #5.](#)

➔ The OIRF **41st Biological Medicine Tour program to Germany!** Dates are now confirmed for **Tuesday, Oct. 28 through Monday, Nov. 3, 2014.** The speakers are all confirmed, all but one of the sponsored presentations are finalized, a visit from a famous German Biological Medicine hospital/clinic is prepared, the Medicine Week presentations are being arranged, the hotels are set, our private motor coach is in place and even many of the excellent meals have already been planned. All we need now to make this program a success is your early registration.

Follow this link to the [Germany Tour](#) page on our website for itinerary, lecture, registration and activity details. I've given you lots of advance time notice – plan now to join us for this educational (and fun) tour program! Registrations have already been received from Brazil, Australia, Canada and the USA. **Register early** to ensure space is available and do not miss this opportunity to participate in this informative tour program.

➔ **NOTICE:** So that staff can represent OIRF at the Med-Tronik Int'l Distributors Meeting in Friesenheim, Germany our office will **close at noon on Friday, 16 May 2014 and will reopen after the US Memorial Day Holiday on Tuesday, 27 May, 2014.** You can contact us by email during that time.

➔ So, here are your newsletter items for this Issue #4 . . .

*An exclusive article for OIRF Supporters published May 2014
by Occidental Institute Research Foundation . . .*

Are You Treating the Right “Transmitter”?

By Karim Dhanani, ND

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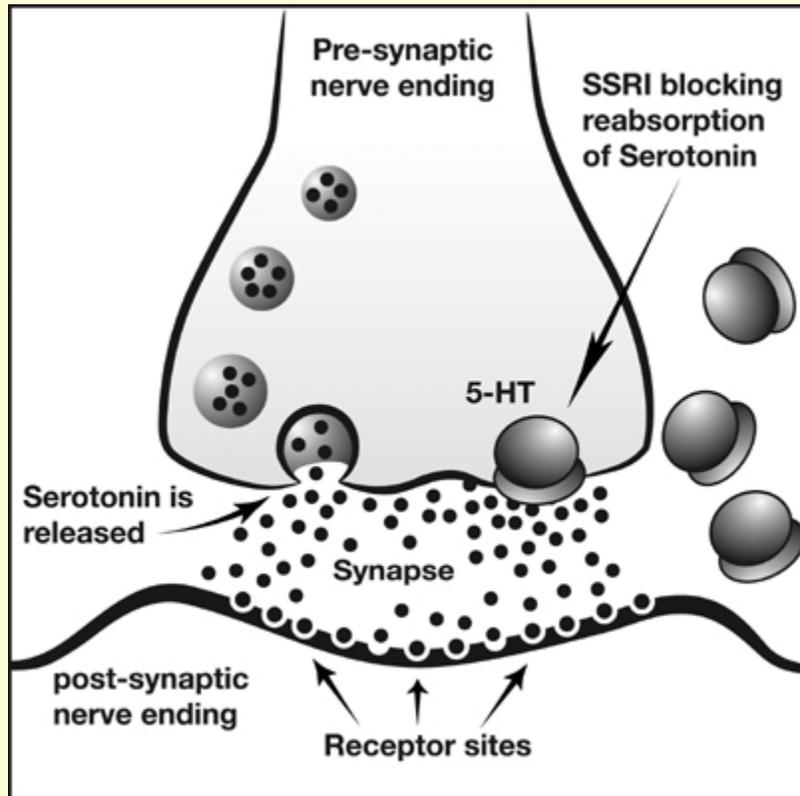
It is sometimes an obvious answer. Why is it that such a large proportion of my patient base has neurotransmitter imbalances? Depression, anxiety, ADD, mental confusion and bipolar are just a few typical symptoms that are present in over 60% of my cases. The million neuron dollar question is: Is this a cause or a sequela? Those of us who are fully engaged in the conceptual framework of the root cause would easily banter about how our current medical thesis is fixated on a reductionist model rather than an understanding of the interactions of physiological systems. In fact the famed **Albert-Laszlo Barbabasi** discussed in his systems medicine analysis that “the more we know about the workings of individual genes, banks, or neurons, the less we understand the system as a whole”. So we now move from holism to reductionism and back. The concern with reductionist biology is a mechanistic understanding of genes and proteins that then lead to a misunderstanding of physiological systems and thus the classical ‘symptom chasing’ begins.

It’s an obvious answer. Let’s take a look at both systems when discussing the simplistic concern of depression. It is one of the most serious and costly health problems in our world today and major depression accounts for the second longest number of days lost to disability in the United States. Approximately 15% of adults will experience a severe depressed mood during their lifetime and 15% of these adults will commit suicide. Suicide is the third leading cause of death in youth aged 15-24. More teenagers and young adults die from suicide than from cancer, heart disease, AIDS, birth defects, strokes, pneumonia, influenza and chronic lung disease combined. A Paxil deficiency?

In our paradigm looking at root cause is paramount. Ideas of heavy metals, toxic exposure, pleomorphic imbalances, geopathic disturbances, scar/meridian blockages, latent infections and even past grief/traumas amongst others are thoughts swirling through our mind when faced with these patients. So we treat the cause and can even ‘impression’ the neurotransmitters into the body to kick start the process. Our job is to unhide the block and allow the body to do what it does naturally. This is an obvious answer.

What if this doesn't work? Like all of you, I am faced with these refractory to treatment patients. Is it time to look at another model?

The Synaptic Cleft



Simply put, tryptophan (amino acid therefore not abundant in vegetarians) requires not just folic acid for conversion to 5HTP but a special type of folic acid called L-5 methyl tetrahydrofolate. This intermediate further requires P5P as well as zinc to convert to the ever ubiquitous serotonin neurotransmitter. Serotonin is considered the first messenger and then travels to the postsynaptic cleft. The second messenger which is often forgotten by most practitioners is inositol. This should also be imbedded into your protocol. It is of absolute importance that I mention to you that almost 80% of the serotonin in the body is not produced in the brain as was once thought, but in the digestive system (hence the term 'second brain'). The digestive system is the largest receiver and producer of serotonin in the body. This is why the digestive system needs to be treated as well.

Not only should the amount of serotonin be addressed, but also its breakdown. Monoamine oxidase is responsible for the degradation of serotonin. It seems that curcuminoids and quercetin inactivate this degradation and keep serotonin around longer.

The reuptake of serotonin is also modulated by Rhodiaola and green tea. Thus it would be advisable to also include these into your protocol.

It seems like an obvious answer.

With utmost sincerity I advise to look at the root cause. But I preach to the choir. However, with the seemingly opposing view this reductionist model is not to be thrown out. To microanalyze each neuron and its adjacent cofactors is also of vital importance when putting together a protocol. But let me be clear. This is only to slightly augment our protocol. With our every fiber, we must look for the root. Everything else is a side show.

So it does seem like an obvious answer.

In health

Dr. Karim Dhanani



Practice Application:

- Standard EAV or MORA Optima assessment capabilities of the **MORA-Nova**.
- Full EAV assessment software incorporated into MORA-Nova for fast accurate testing and assessment using actual or electronic test sets.
- "Tooth Testing" module for standard currents in the mouth, as well as assessment of dental foci.
- Cancer and Mitochondropathy Electronic Test Sets according to the research of **Dr. Gottfried Cornelissen** for cancer assessment and application.
- Or, VEGA-type testing capability has been incorporated into the MORA-Nova to allow utilization of available Electronic Test Sets – or of the coveted actual VEGA test set vials.
- **BioResonance Therapy** for:
 - Assistance with detoxification and intolerance.
 - Building immune system.
 - Delivery of medication information.
 - Follow this link for [MORA details](#).
- For order, delivery & pricing information contact OIRF Office at 1-800-663-8342



Practice Application:

Biophoton HPT 3D Standard

64 Hyper-red Special LED
(HeNe Laser carrier)
660 Nanometer (Hyperred)
ca. 6 Milliwatt per diode

64 Laser diodes
785 Nanometer (Infrared)
ca. 6 Milliwatt effective per diode



- The most modern large area laser therapy, the Biophoton light therapy, with optional magnetic field therapy, depth relaxation, super-learning and energetic homeopathy, make this therapy apparatus a particularly effective instrument.
- Eminently suitable for hair, face and body treatment. Impressive results within a short time – in particular with cellulite and other large area tissue problems.
- New modulation frequencies stimulate the body to produce endorphins. Endorphins improve the mental attitude, activate the immune system and optimize all the body's own self-healing effects.
- That is modern overall therapy – the therapy of the future! With this apparatus it can be impressively confirmed what modern energy therapy is able to do!
- **Optional accessories** for the HPT 3D HyperPhoton device include:
 - Magnetic coils (in three sizes) – to add a stronger and more focused magnetic field therapy component
 - Music modulation – to incorporate relaxing and healing sound through the BioPhoton field (e.g. reflection and meditation music of Arndt Stein, etc.)
 - Specially designed honeycomb for delivery of medication and remedy information
 - Either a rolling floor stand or a wall mounted “swinging” arm
- For order, delivery & pricing information contact OIRF Office at 1-800-663-8342

➡ Have you ordered your copies of the recently released programs and videos?
Here's a short listing of the DVDs ready to be shipped on receipt of your order:

- Modern & Traditional Acupuncture – \$165
- EAV Desk Reference Manuals, Parts 1 & 2 – \$200
- Diagnostics and Therapeutics Seminars of Dr. Sturm – \$200

➡ For more information and instruction about point and medication testing with EAV see the OIRF: [Medication Testing Report](#) and the [EAV Desk Reference Manuals](#) (both available on disc).

➡ For more information and instruction about [Diagnostic and Therapeutic Techniques in Biological Medicine](#) with emphasis on BioResonance Therapy be sure to order the recently re-released videos of Dr. Walter Sturm's seminars.

➡ For those of you who missed that great **MORA Nova training seminar/ workshop in St. Louis, MO in June 2013**, high quality professional video recordings of some of the sessions are now available. The guest instructor was **Nuno Ruivo, DO** from Med-Tronik, Germany who is a long time MORA user and one of the technology and software developers of the Nova device. Order the 5 DVDs for \$100 and then deduct it from your MORA Nova order.

➡ Follow this link to our website to see [Issue #5 in print/PDF format](#).

Videotaped "DIAGNOSTICS" AND "THERAPEUTICS"

Seminar/Workshops by Dr. Walter D. Sturm† of OIRF Staff



Part One on Diagnostics:

- Electronic point measurement
- Medication testing, and more

Part Two on Therapeutics:

- **MORA-Therapy**
- Electronic Homeopathy
- Remedy Information Transfer, and more
- *Optional day on his other therapies!*

Follow this link to see a full description of these videotaped ["Diagnostics and Therapeutics" Seminar/Workshops](#) by Dr. Walter D. Sturm† of the OIRF Staff.

Available on five (5) DVD's plus one (1) CD with all overheads and extensive handouts materials for CDN \$200 (plus shipping).

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Website: www.oirf.com Email: support@oirf.com



EXTENSION TRAINING PROGRAM IN MODERN & TRADITIONAL ACUPUNCTURE

Over twelve hundred pages of printed materials incorporating applicable materials from the supplementary textbook ([An Outline of Chinese Acupuncture](#)) and set of four charts (by [China Cultural Corp.](#)). Program starts off assuming you know nothing about acupuncture (a good place to start even if only as a thorough review of the basics) and takes you right through to the most heavy-duty advanced aspects of true, 'energetical' acupuncture. The finest and most comprehensive material in the English language, covers all seventy-one meridians of traditional acupuncture; that 'missing sixty percent' of acupuncture knowledge most "acupuncturists" have never even heard of; and, the modern electronic 'needle-less' treatment methods (Electro-Acupoint Therapy) now so popular.

Over 3,000 students were originally enrolled in this famous Extension Training Program, and the OICS graduate listings read like a "Who's Who of Acupuncture" in the English speaking world. This program takes you as far as anyone possibly can in a 'written' format prior to the clinical finesse and practicum needed to round out your acupuncture study to professional levels.

FULL THIRTY-THREE LESSON PROGRAM NOW AVAILABLE ON DVD

Price includes disc with all 33 Lessons, applicable supplementary textbook (An Outline of Chinese Acupuncture) passages and representation of set of acupuncture charts (China Cultural Corporation set of four). [Current editions of the textbook and charts can be easily obtained from suppliers of acupuncture books and supplies.] Price does **not** include printed materials, binders; or, any tutorial, examination, or certification privileges. Follow above link for full details. **Full set on one disc available for CDN \$165.**



Occidental Institute Research Foundation

40th Biological Medicine Tour to Germany

Tuesday, October 28 through Monday, November 3, 2014

Theme: Clinical Applications in Biological Medicine

Hear privately arranged English language lectures from:

- **Dr. Juliane Sacher** – Connection between chronic disease & vaccinations
- **Dr. Olaf Kuhnke** – Naturopathic therapy for pain and fibromyalgia
- **Dr. Silvia Binder** – ONDAMED Therapy
- **Dr. Daniel Beilin** – Thermodiagnosics
- **MORA BioResonance Therapy**
- **Ionized Oxygen Therapy**
- New methods of **Dr. Helmut Schimmel**
- Visit from a German **Biological Medicine Hospital Clinic**

Attend Medicine Week (English) lectures featuring:

- **Dr. Frank Beck** – Magnetized filtered water
- **Dr. Dietrich Klinghardt** – Magnetic Field Therapy
- **Dr. Ulrike Heller** – Cepes Laser

- Our private lectures present the latest information and research in our field, with ample time for questions and hands-on.
- An opportunity to talk with like-minded colleagues and learn from the experience and expertise of attending OIRF Directors and Advisors.
- Visit and participate in the famous Medicine Week Congress in Baden-Baden
- Hear from a well known German pharmacy of biological remedies
- Travel in comfort with plenty of room for luggage
- Tour prices include full tour program, single room accommodations and most meals
- Be treated like family with good food, good friends and good conversation in friendly hotels

ADVANCE REGISTRATION IS RECOMMENDED

[Biological Medicine Tour #41](#) information and [Register here](#)

For more details contact: Occidental Institute, www.oirf.com; E-Mail: support@oirf.com

PO Box 100, Penticton, BC V2A 6J9 Canada and register at 800-663-8342 or (250) 490-3318

➡ **Conferences and Conventions:** Please watch for announcements of the speakers, venues and details of these exciting OIRF activities and events for the year 2014:

➤ **Med-Tronik International BioResonance Distributors' Meeting**, Friesenheim, Germany: This meeting has been changed to May 22-25, 2014. OIRF will be represented by **Carolyn Winsor-Sturm** and **Elaine Mackenzie** at this important meeting and we ask you to note that our **offices will be closed from noon Friday, 16 May and re-open after the US Memorial Day Holiday on Tuesday, 27 May 2014** (Pacific Daylight Time). During this office closure we can be reached by email (checked daily).

➤ **Biological Medicine Tour #41 to Germany**, October 28-November 3, 2014 (dates for the 48th Baden-Baden Medicine Week Congress have been confirmed). Join us for our **41st** group tour including the world famous "Medicine Week" Congress in Baden-Baden. Tour program also includes private OIRF English language lectures from renowned German clinicians and researchers as well as pharmacy and clinic visits.

➤ Watch for speaker, venue and date details for a series of seminar/workshops focused on practical application of OIRF recommended diagnostic and therapeutic methods.

➡ As a non-profit organization dedicated to the expansion of Biological Medicine in North America through research, publication, seminar/workshops and sponsorships, we are solely and completely reliant on your support in order to continue our efforts. There is neither government funding nor any outside sponsorships. So, here are a few ways in which you can support Occidental Institute as we move forward in 2014:

- 1) Consider making a \$35 tax deductible donation to OIRF for the newsletter (even though we are offering it freely)
- 2) Be sure that you have purchased copies of the many educational printed and electronic publications and the audio/video training presentations available exclusively through OIRF
- 3) Plan now to attend the various smaller training seminar/workshops sponsored by OIRF to learn more about these methods
- 4) Incorporate sale of the smaller OIRF recommended devices (such as the Medisend Protect, MECOS, the "Little Ludwigs", the AQA 707 water regeneration device, and so on) to your patients – talk to Elaine or Carolyn for quantity discount pricing.
- 5) Make this the year you travel to Germany with us to see Medicine Week
- 6) Consider which of the various devices and methods recommended by OIRF will work in **your** practice and make this the year that you add one or more of them into your office
- 7) Plan to attend the various conferences and conventions where OIRF will sponsor an exhibit booth. This is another opportunity for you to see these methods in action and talk to us personally about how you can incorporate our recommended methods into your practice.

Your donation or contribution will be gratefully accepted and a tax deductible receipt will be issued. We thank you for your support and look forward to working with each of you during the coming year.

➡ For a complete [listing of resource materials](#), including publications, reports, books and videos please follow this link to our website. There are full descriptions of all printed and recorded materials online.

➡ For a complete [listing of recommended instrumentation](#), including diagnostic, therapeutic and BioResonance devices please follow this link to our website. There are full descriptions of all instrumentation online.

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➤ **Updates, Reminders and Announcements:**

➤ Follow this link to the [Germany Tour Report](#) to join us from at home to share some of our adventures and activities from our 2013 tour program. Dates for this year's Tour #41 are October 28 through November 3, 2014 (including the Baden-Baden Medicine Week Congress).

➤ Watch for Volume 10, Issue #6 of the "The Bridge" newsletter to arrive in your Inbox around mid-June. That issue will feature another article that Carolyn has translated from one of the German Journals. Recently there have been multiple articles throughout the various journals concerning the reactions and aftereffect of vaccinations and in particular the HPV vaccine that has so "graciously" been recommended for our young girls (and the boys too I guess). Although they may not get cervical cancer, a very high percentage of them are definitely suffering serious side effects including epilepsy. In looking through the journals, I just "selected" one out of about five recent articles which is now through initial translation. We are gathering further information from our own Medical Board and will be sending you a highly informative issue about the middle of next month . . .



➤ Visit our **Facebook** page – will you be our friend?

I trust you have found much of interest in these pages. We look forward to meeting you during our 2014 activities and programs. As always your comments are welcome. Remember that this is your newsletter – your suggestions, article contributions, critiques, FAQ's and compliments – are gratefully accepted.

Yours in health,

Carolyn

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