



# THE BRIDGE

## Linking Practitioners of German Biological Medicine

Volume 9, Issue #5 Supplement, May 2013

Wednesday, 29 May 2013

Dear Colleagues and Friends of OIRF,

➡ I found this article in a very recent German journal that was of personal interest. After spending the time to translate it, I figured I may as well share it with all of you. So here is a Supplementary article to Issue #5 of "The Bridge". The PHÖNIX remedies (a long time and reputable German company) are available in Canada from Bona Dea at [www.bona-dea.com](http://www.bona-dea.com).

Watch for the next article from OIRF Director and Medical Advisor **Dr. Karim Dhanani** in Issue #6 due in mid-June 2013.

➡ Reminder: All Volume 9 Issues of "The Bridge" will also be published on our website and are available to download in pdf/print format. Follow this link to download your PDF copy of Issue #5 Supplement.

➡ The full itinerary and schedule for the **Special 40th Anniversary Biological Medicine Group Tour to Germany** has been finalized – and this is likely how this tour will take place this fall. Follow this link to see the full [Germany Tour details](#) along with registration information.

**Part 1: Oct. 25 to 29, 2013 – Tools.**

**Part 2: Oct. 29 to Nov. 4, 2013 – Techniques.**

**Part 3: Nov. 4 to 7, 2013 – Applications.**

Note that there is no longer any restriction for participation in this program (in the past attendance was restricted to OIRF members only), and we are anticipating a much larger group than on recent tours. We will however limit the number of attendees to ensure that each participant is able to enjoy a personally rewarding educational experience. We recommend early registration to ensure your participation in this exceptional event.

➡ Here are your newsletter items for this Issue #5 Supplement:

An **exclusive article** published May 2013  
by Occidental Institute Research Foundation . . .

## **Varicose Veins – Not just a cosmetic problem**

By Susanne Rothörl, BSc, HP

From an article in *Naturheilpraxis*, Vol. 66, April 2013

Machine Translation by SYSTRAN, Lernout & Hauspie, LogoMedia & Promt  
Translation & redaction by: Carolyn L. Winsor, OIRF

© Copyright 2013, Dr. Susanne Rothörl, Malgersdorf, Germany

With varicose veins a well founded diagnosis as well as an early and causal therapy appears important, before the varicose vein ailment progresses to swelling conditions and skin changes. The goal is to dissolve the venous stasis and to repair the somatic equilibrium. Besides the picture providing procedures like for example color duplex ultrasonography, the physical examination with different test methods for example the Trendelenburg's test and/or the Perthes' test is diagnostically suitable.

In principle some general measures should be taken, e.g. increased physical activity like running, dancing, swimming and bicycling in order to activate the calf muscle pump; compression treatment of elastic bandages as well as stockings, in order to accelerate the venous backflow and to reduce the venous congestion; no heat application, avoidance of direct sun irradiation, no hot baths, physical therapy with cold water downpours\*.

### **Natural Healing Treatment Possibilities**

Besides the general recommendations, in my practice a combination of *phöno Ven* drops with **PHÖNIX** *Tartarus spag.* drops, local ointment use, neural therapy *Quaddel* treatment, correction of possible spinal movement and micronutrients have moreover been proven.

The homeopathic medication *phöno Ven* combines the three ingredients *Silybum marianum* (Saint Mary's thistle), *Aesculus hippocastanum* (horse chestnut) and *Hamamelis virginiana* (witch hazel). The Saint Mary's thistle intervenes to regulate the liver metabolism, improve the blood flow from the liver and decreases the congestion in

\* Translator's note: i.e. Kneipp therapies

the portal vein area. The main application areas of the horse chestnut are the rectum, the hemorrhoidal vessels, the sacrum and the back. Horse chestnut seeds contain the saponin complex *Aescin* which primarily affect venous tonicity and increase the vascular tension as well as density of the capillaries. The permeability of the vein wall is reduced by it and edema formations are counteracted. Generally, the venous remedies belonging to horse chestnut show anti-inflammatory activities and ease the backflow of blood through the strengthening of the vein walls to the right heart. The tannic acids of the witch hazel (magic nut) possess astringent, antiseptic as well as styptic qualities and therefore find applications with skin injuries, hemorrhoids and varicose vein problems. The medication substance from **PHÖNIX** named *Tartarus spag.* is *Tartarus depuratus* (purified cream of tartar). Spagyric preparations of purified cream of tartar can bring dissolution of the deposits in the hollow cavities of the body like in the venous blood vessels.

As support, I recommend local treatment with *phöno Arnica comp.* ointment rubbed in several times daily from below to upwards according to the venous flow. Its components *Arnica montana* (mountain arnica), *Hamamelis virginiana* (witch hazel) and *Urtica* (nettle) above all are effective for wound healing, tonifying, anti-inflammatory and blood cleansing by which the “Thrombosis salve” is absolutely able to stimulate the back formation of the varicose veins with longer use. As a rule I additionally carry out a weekly *Quaddelung* (neural therapy injection) on the connective tissue points with two ampoules **PHÖNIX Juv 110** injection solution in each case in order to improve the flow characteristics of the blood.

Also it always appears important to me the possible existing spinal defect positions in the area of the lumbar vertebral column, above all the L5 to counteract the circulatory problems of the lower extremities.

Constipation and obstipation require a stimulation of the bowel peristaltic to reduce the venous buildups in the pelvis. Here I give for temporary use a mostly saline laxative of hardly absorbable mineral salts like *F.X. Passage*. Moreover vein patients should always pay attention to fiber rich biological whole foods.

For optimization of the blood circulation in the legs and for inhibition of the formation of blood clots, an optimal supply of micronutrients like Vitamin C and E should also be guaranteed. In addition the trace element zinc contributes to the improvement of wound healing around the damaged skin of the varicose veins. Oligomeric proanthocyanidins (OPC) from grape seeds from the grapevine (*Vitis vinifera*) can neutralize free radicals through their strong antioxidative effect and can therefore protect the vessels.

## Result

In order to prevent chronic vein illnesses and the consequences interconnected with it, not only in consideration of the cosmetic aspect, an adequate and early therapy seems necessary. Here good and long term success can be achieved with natural homeopathic remedies with the goal to dissolve the venous buildup centers in the human body. In particular the responsible and conscious handling itself and the elimination perhaps of existing risk factors are decisively able to stimulate the vitality so that the life energy can also flow into the lower half of the body again.

## Literature

1. Augustin M: Praxisleitfaden Naturheilkunde. 4. Aufl., München: Urban & Fischer; 2003.
2. Krieger Susann: Pathologie Lehrbuch für Heilpraktiker. 6. Aufl., Stuttgart: Haug Verlag 2011
3. Robert-Koch-Institut, 14.06.2012: "Studie zur Gesundheit Erwachsener in Deutschland" (DEGS): [http://www.rki.de/DE/Content/Gesundheitsmonitoring/Studien/Degs/degs\\_node.html](http://www.rki.de/DE/Content/Gesundheitsmonitoring/Studien/Degs/degs_node.html)
4. Uni Bonn, 02.12.2010: Eberhard Rabe et al.; Phlebology doi: 10.1258/phleb.2010.010s09 (2010)
5. Uni Heidelberg, 18.10.2011: Feldner A et al.; FASEB J. 2011 Oct;25(10):3613-21. Epub 2011 Jun 17
6. Van Wyk, Ben-Erik, Wink Coralie, Wink Michael: Handbuch der Arzneipflanzen. 2. Aufl., Stuttgart: Wissenschaftliche Verlagsgesellschaft mbH; 2004

## Author

Susanne Rothörl  
Naturopath [*Heilpraktikerin*] & Biologist (B.Sc.)  
Malgersdorf, Germany



➤ **Conferences and Conventions:**

- Final reminder for the **MORA® Nova Training Workshop:**

<b>MORA® Nova Training Workshop</b>	
<b>June 7-9, 2013</b>	
<b>St. Louis, Missouri, USA</b>	
	
Let us introduce you to the <b>future of BioResonance Therapy</b> . This is the medicine that works to bring about healing from within the smallest quanta of biophoton light in our bodies, but which is capable of taking us to the stars. The MORA Nova is true BioResonance Therapy with the latest and most sophisticated technology available.	
<b>Instructor:</b> Your instructor is <b>Nuno Ruivo, DO</b> from Med-Tronik, who is a long time MORA user and one of the technology and software developers of the Nova device.	<b>Recommended Hotel:</b> Hilton St. Louis Frontenac, 1335 So. Lindbergh Blvd., St. Louis, MO 63131 Phone: 1-314-993-1100 Free Shuttle service between the Airport, Hotel and Clinic.
<b>Schedule:</b> <u>Friday, June 7</u> (9:00 AM to 6:00 PM) will be basic introductory information to help you get the device setup and do your first treatments and assessments. <u>Saturday, June 8</u> (9:00 AM to 6:00 PM) and <u>Sunday morning June 9</u> (9:00 AM to 12:00 Noon) will be more intermediate work with an emphasis on practical application in your practice.	<b>Fees:</b> Payable at least one week prior to the training and is not refundable. Friday Basic sessions: \$200 – you can deduct this amount from your MORA-Nova purchase placed prior to July 15, 2013. Saturday and Sunday sessions: \$300
<b>Venue:</b> The classroom in the private clinic of Simon Yu, MD at 10908 Schuetz Road, St. Louis, Missouri 63146 USA.	<b>Sign-up:</b> 1) Call Prevention and Healing, Inc. and ask for Kate, our Office Manager at 314-432-7802 2) Email all your contact info (Full Name, Professional Degree, Address, Phone, Email) to: <a href="mailto:simonyumd@aol.com">simonyumd@aol.com</a>
<b>Sponsors:</b> Med-Tronik GmbH, Friesenheim, Germany Simon Yu, MD of <b>Prevention and Healing</b> , 10908 Schuetz Rd., St. Louis, Missouri 63146 USA <b>Occidental Institute Research Foundation</b> , PO Box 100, Penticton, BC V2A 6J9 Canada	

➤ The **8th International Alternative Medical Conference, St. Louis, Missouri, September 13-15, 2013**. This conference is sponsored by Prevention and Healing and **Simon Yu, MD**, and will feature **Dietrich Klinghardt MD, Hal Huggins DDS, Douglas Cook DDS, Karim Dhanani ND**, and several others. Be sure to visit their website at [www.IAMCONF.com](http://www.IAMCONF.com) for full details and registration information. This is one of the most important educational conferences of 2013 in North America. OIRF highly recommends this conference and will have an exhibit booth there. Come and see the MORA Nova in action! We look forward to meeting you there.

## Design meets Technology

### MORA<sup>®</sup> Nova

Call 1-800-663-8342

For order and delivery details



MORA<sup>®</sup> Nova incorporates the original BioResonance Therapy research according to **Dr. Franz Morell** and **Mr. Erich Rasche** with the latest and most up-to-date technology, innovative software and perfection in every detail and design.

- Easy navigation via 15-inch touch screen with full visual display even in sitting position
- Space saving integration of input and output cup electrodes (removable for cleaning)
- Space saving integration of foot electrodes
- MORA<sup>®</sup> Mouse function
- Indication of active electrodes
- Display inclination adjustable
- New stylus design with extended functions
- Integration into an existing network / Central control by an administrative PC
- Graphic images of measuring point as well as the respective organ
- Graphic menu navigation

**The MORA-Nova is the future of BioResonance Therapy.** This is the medicine that works to bring about healing from within the smallest quanta of biophoton light in our bodies, but which is capable of taking us to the stars. The MORA Nova is true BioResonance Therapy with the latest and most sophisticated technology available. Contact Carolyn or Elaine today toll free at 1-800-663-8342 for order, delivery and trade-in details. Orders placed in the next few weeks will have delivery shortly after the workshop. Deduct \$200 from the device price if you are attending the Introductory Workshop with Dr. Ruivo.



## Occidental Institute Research Foundation

### 39th Biological Medicine Tour to Germany

**Theme:** Tools, Techniques and Applications

**Part 1, Oct. 25-29, 2013 - Tools:** Visit or hear from five quality and effectiveness proven instrumentation companies with practical demonstrations of their latest innovations and introduction of the latest research and development.

**Part 2, Oct. 29-Nov. 4, 2013- Techniques:** Visit and participate in the famous Medicine Week Congress in Baden-Baden  
And hear privately arranged English language lectures from:

- **Dr. Jürgen Aschoff** – Energy Medicine Practitioner & Researcher
- **Dr. Thomas Rau** – Biological Medicine Practitioner & Teacher
- **Prof. Dr. Hendrik Treugut** – Biological Medicine Researcher

Attend Medicine Week (English) lectures featuring:

- **Dr. Reimar Banis** – Psychosomatic Energetics
- **Dr. Friedrich Douwes** – Integrative & Cancer Medicine
- **Dr. Hans-Peter Friedrichsen** – Integrative Medicine
- **Dr. Dietrich Klinghardt** – Practitioner & Teacher
- **Dr. Kai Lühr** – Practitioner & Teacher
- **Illbrand von Ludwiger** – Astrophysicist & Author

**Part 3, Nov. 4-7, 2013 – Applications:**

Visit three very famous clinics including the **Paracelsus Clinic** in Switzerland with a lecture from **Dr. Thomas Rau** on Live Cell Therapy. See these Biological Medicine “Tools and Techniques” in practical everyday application.

- Our private lectures present the latest information and research in our field, with ample time for questions and hands-on.
- An opportunity to talk with like-minded colleagues and learn from the experience and expertise of attending OIRF Directors and Advisors.
- Hear from a well known German pharmacy of biological remedies
- Travel in comfort with plenty of room for luggage
- Tour prices includes full tour program, single room accommodations and most meals
- Be treated like family with good food, good friends and good conversation in friendly hotels

**SPACES ARE LIMITED AND ADVANCE REGISTRATION IS RECOMMENDED.**

[Biological Medicine Tour #40](#) information and [Register here](#)

For more details contact: Occidental Institute, [www.oirf.com](http://www.oirf.com); E-Mail: [support@oirf.com](mailto:support@oirf.com)

PO Box 100, Penticton, BC V2A 6J9 Canada and register at 800-663-8342 or (250) 490-3318

#### ➤ Updates, Reminders and Announcements:

➤ Are you looking for one of the former **RM-10/S diagnostic devices from Med-Tronik?** It was capable of EAV and Vega type diagnostics and can be attached to a special interface unit to access the Electronic Test Sets. We have received notices from two docs who have slightly used RM-10/S's for sale. Contact Elaine today at 800-663-8342 to get contact and order information.

See you in St. Louis . . .

#### *Carolyn*

Carolyn L. Winsor-Sturm  
Managing Director  
Phone: (250) 490-3318  
[support@oirf.com](mailto:support@oirf.com)

To Unsubscribe send an email to [support@oirf.com](mailto:support@oirf.com) with “unsubscribe” in the Subject Line.

**Published by Occidental Institute Research Foundation**

P. O. Box 100, Penticton, BC V2A 6J9 Canada

Telephone: (250)490-3318 Fax: (250) 490-3348

Website: [www.oirf.com](http://www.oirf.com)

Email: [support@oirf.com](mailto:support@oirf.com)

Published in Canada